

**Drowning in Debt?
We Can Help!**



W|B|L|I
INCORPORATED
TRUSTEE IN BANKRUPTCY

902 482 2000 • 4debtrelief.com

JUSTIN TRUDEAU MAKES IT OFFICIAL

SON OF FORMER PRIME MINISTER LAUNCHES BID
FOR LEADERSHIP OF FEDERAL LIBERAL PARTY

PAGE 10

HALIFAX

metro

®

Wednesday, October 3, 2012



News
worth
sharing.

metronews.ca | twitter.com/metrohalifax | facebook.com/metrohalifax



\$10,000
STOP THE CLOCK

Weekdays

8:10am and 4:10pm

1013THEBOUNCE.COM



HERD LIGHTS UP TITAN

Halifax Mooseheads, from left, Stefan Fournier, Nathan MacKinnon and Jonathan Drouin celebrate a third-period goal against the Acadie-Bathurst Titan at the Halifax Metro Centre on Tuesday night. Halifax won 6-2 to improve to 4-1 on the season.

Story, page 26. JEFF HARPER/METRO

Debate fails to impress

Packed Dalhousie gathering for mayoral candidates generates plenty of promises but little policy

Neeson, before and after

He's something of an action star at 60, but a kinder, gentler Liam Neeson once ruled the screen

Raptor itching for action

Injury leaves prized NBA rookie Jonas Valanciunas on sidelines at Halifax training camp

'Black Widow' charged after husband's illness

Sydney. Woman who was convicted of manslaughter in her previous spouse's death is now accused of attempted murder



Melissa Ann Weeks, 77, is escorted from a police vehicle for her court appearance Tuesday in Sydney.

VAUGHAN MERCHANT/THE CANADIAN PRESS

Notoriety

- Over the years, Melissa Ann Weeks has been dubbed in some media reports as the "Black Widow" or the "Internet Black Widow."

A 77-year-old woman who killed her previous spouse two decades ago was charged Tuesday with attempted murder after her husband fell ill while the couple stayed at a Cape Breton inn.

Melissa Ann Weeks was led into Sydney provincial court Tuesday in handcuffs with a black-hooded jacket pulled over her head as she was arraigned on charges of attempted murder and administering a noxious substance. The New Glasgow woman was remanded into custody until Friday for a bail hearing.

Her 75-year-old husband had to be taken to a local hospital when he became suddenly ill on the weekend.

Cheryl Chambers, the

operator of the Chambers Guest House Bed and Breakfast in North Sydney where the two were staying, says the couple checked in early Friday morning.

Chambers says Weeks told her the pair had travelled to Cape Breton from Newfoundland and that her husband was not feeling well due to a rough ferry crossing.

Chambers says Weeks came downstairs alone on Saturday morning and said her husband wasn't well, leading Chambers to call

paramedics who took him to a hospital. He has since been released.

Weeks has a lengthy criminal record that includes convictions for manslaughter, theft and forgery.

She was convicted of manslaughter in the death of her husband, Gordon Stewart, whom she had drugged and run over twice with a car in 1991 outside Halifax. She served two years of a six-year sentence for that crime.

Weeks was also sentenced in 2005 to five years in prison on seven counts of theft from Alexander Strategos, a man in Florida she had met online. Investigators in that case said she stole about \$20,000 US from him.

THE CANADIAN PRESS

Jean's Chinese Restaurant

"Freshest Ingredients, only Grade A Meats"

ALL DAY DELIVERY

to Halifax, Dartmouth, Bedford,

Clayton Park, Fairview and Spryfield

Our party menus are up to

35% Off



6 YEARS IN A ROW!

1st runner up

444-7776 • 5972 Spring Garden Road, Halifax • www.jeansrestaurant.ca

Congratulations to the winners of the 2012 Pengrowth-Nova Scotia Energy Scholarships

Twenty-two Nova Scotia students have been chosen to receive the Pengrowth-Nova Scotia Energy Scholarship. Twelve receive university scholarships worth as much as \$10,000 each, \$2,500 renewable over four years, based on a combination of extracurricular activities and academic performance. Ten receive \$2,500 non-renewable scholarships at the Nova Scotia Community College.



Robert Baillie
Cobequid
Educational
Centre
*B.Sc. (Engineering),
Dalhousie University*



Hannah Fiander
Citadel High
School
*B.Sc. (Engineering),
Dalhousie
University*



Thomas MacDonald
Charles P. Allen
High
School
*Civil Engineering
Technology,
NSCC*



Daniel Robar
New Germany
Rural High School
*Electrical
Construction/
Industrial,
NSCC*



Nathan Beck
North Nova
Education Center
*Electrical/
Mechanical
Technician,
NSCC*



Kayli Gault
Cobequid
Educational Centre
*B.Sc. (Engineering),
NS Agricultural
College*



Ellen MacEachern
Dartmouth
High School
*B.Sc., Memorial
University*



Jenna Shea
Guysborough
Academy
*B.Sc., St. Francis
Xavier University*



Aiden Blanchard
Ecole secondaire
du Sommet
*B.Sc. (Engineering),
Dalhousie
University*



Kirsten Harrison
West Kings
District High
School
*Geographic
Sciences, NSCC*



Brittany MacLean
Cobequid
Educational Centre
*B.Sc. (Engineering),
NS Agricultural
College*



Peter Snow
West Kings District
High School
*B. Engineering,
Memorial
University*



Dylan Brow
East Antigonish
Academy
Welding, NSCC



Katherine Kaiser
Baddeck Academy
*B.Sc. (Nursing),
Dalhousie
University*



Michael MacNeil
Glace Bay High
School
*Electronic
Engineering
Technician,
NSCC*



Leah Stroppe
Riverview High
School
*B.Sc., Dalhousie
University*



Chantale Comeau
Yarmouth
Consolidated
Memorial High
School
*B.Sc., Dalhousie
University*



Zoe LeBlanc
Yarmouth
Consolidated
Memorial High
School
*B.Sc., Mount Allison
University*



Carson Murray
Pictou Academy
*Marine Engineering
Technology,
NSCC*



Nicholas van Dyk
North Queens
Rural High School
*Mechanical
Engineering
Technology,
NSCC*



Roxanne Pyke
Citadel High School
*Environmental
Engineering
Technology,
NSCC*



Gaston Viau
Sackville High
School
*Power Engineering
Technology,
NSCC*

The Pengrowth-Nova Scotia Energy Scholarship Program is designed to develop home-grown expertise by encouraging Nova Scotia students to pursue careers in the energy sector. These students can make a difference by becoming tomorrow's Leaders in Energy. To find out how to apply for the next academic year, please visit: gov.ns.ca/energy

Debate high on rhetoric but short on substance

On the stage. Six hopefuls for HRM mayor do little to impress one student

Near the halfway point of Tuesday night's mayoral debate, Dalhousie University political-science honours student Jonathan Magill demanded one of the six candidates come up with one bold idea that would improve the lot of students.

The responses from six of the men vying for HRM mayor ranged from a dynamic student-research centre, to more green spaces and bike lanes, to a student post-secondary summit.

It was all underwhelming for the 20-year-old.

"None of them made me want to vote for them," he said, after announcing to the Dalhousie University Student Union Building crowd that he should have attended the class he skipped to attend the debate.

"I was at (Monday) night's debate where the candidates sidestepped a student-related

Audience question

Adding humour to the mix

A lackluster debate was injected with a little bit of humour when an audience member asked each candidate to cite a stupid statement they made during the campaign. Each of the candidates responded with answers, except Martin.

The audience member was only too happy to remind him about his statement of support for the War on Drugs initiative.

"It was one of the least effective policies ever to hit North America," she said.

question," said Magill. "They don't respect the voting power that we have. They're not speaking to us."

Panelled by three Halifax journalists in front of a packed house, the event had the makings of a lively debate but ultimately fell short.



A standing-room-only crowd took in Tuesday night's mayoral debate at Dalhousie University. ANDREW RANKIN/METRO

Each of the candidates were long on commitments on topics such as affordable housing and transit, and new accountability rules for Halifax regional council, but they were short on policy and offering explanations that would see those laudable ideas materialize.

Things got a little heated when one of the panellists questioned candidates about disclosing campaign donations before election voting

begins.

All but frontrunner Mike Savage said they would commit. But Savage, citing current electoral regulations, said he would disclose donation amounts after the election. Moderator Fred Vallance-Jones said the question about campaign finances was by far the most tweeted topic of the night. After accusing the former MP of having something to hide, Tom Martin's plan seemed to backfire

when Savage challenged the former homicide investigator to disclose his financial backers, a question he couldn't answer.

That's when Fred Connors, easily the crowd favourite, piped up.

"If we're given the task of being fiscally responsible for overseeing an \$800-million city, don't you think you should know who the hell is supporting us?" he said.

ANDREW RANKIN/METRO

Court. Guilty plea coming in killing of senior

An 18-year-old charged with killing an elderly woman in her Dartmouth home last December is expected to plead guilty in a Halifax courtroom on Wednesday.

Jamie Gallant will appear at Halifax Supreme Court at 9:30 a.m. for what Nova Scotia Crown prosecutors say will be a guilty plea followed by sentencing.

Gallant is charged with

first-degree murder, but could plead guilty to a lesser offence.

Gallant is one of two people charged in the killing of Lavina Campbell, 79, who was beaten to death inside her home on Jackson Road on Dec. 16.

Another 16-year-old youth, who can't be identified because of the Youth Criminal Justice Act, is also charged in the case. PHILIP CROUCHER/METRO



Jamie Gallant
METRO FILE

New. Designs for convention centre set to be revealed

Another round of consultation on the new Nova Centre in downtown Halifax is set to begin.

The lead architect on the \$164 million project will host an open house at 7 p.m. Wednesday to present design concepts generated from the public engagement sessions held around the province from late July to mid-September.

Participants at sessions in

Halifax, Sydney, New Glasgow, Truro, Wolfville and Lunenburg offered opinions on everything from building materials to the facility's "vision."

A release says participants at Wednesday's open house will also be asked for suggestions regarding the streetscape surrounding the new convention centre and hotel complex on Argyle and Grafton.

METRO

1 NEWS

Mobile news



Qriket

Man vs. bear? Scan the code to see how one woman's NIMBYism evolves into yelling at bears.



Believe In Your Future

Become a Vet Assistant in 10 Months

This program is for animal lovers! Our curriculum is taught by veterinary professionals. The mix of business essentials, computer applications, and in clinic training ensures our graduates are ready.



Classes start November 5th. Call today!

Maritime Business College

463-6516 • maritimebusinesscollege.ca

145 Ochterloney Street, Dartmouth



Wednesday. Jones to learn if she can run for council

Angela Jones will have a lot of catching up to do in the race for councillor of District 4 if a Supreme Court judge rules that she is eligible to run in the Oct. 20 election.

Justice Arthur LeBlanc will read his decision Wednesday at 9 a.m., just three days before electronic voting begins.

The municipality's elections act requires that city employees take a leave of absence if running for council. Jones, who has been a lawyer for the municipality for 15 years, is currently carrying out a parental leave that runs well into November and maintains that she was told by returning officer Cathy Mellett that her current leave would qualify under the act.

Jones filed her nomination papers for District 4 (Cole Harbour Westphal), but received an email Sept. 13 notifying her she had not taken "the required leave of absence" and that her papers would not be accepted.

During a hearing Tuesday at the Law Courts in Halifax, Jones' lawyer Matthew Moir asked LeBlanc to find the returning officer did not have the jurisdiction to reverse the decision.

Every day counts



"It really has negatively affected any kind of campaign that I can do, and every day counts."

Angela Jones, who has been a lawyer for the municipality for 15 years, on being told her nomination papers in the race for councillor of District 4 would not be accepted.

Lawyer Dan Campbell, who is representing the municipality, argued regardless of whether Mellett accepted the papers, it does not "cure the disqualification."

"It's not simply a question of the returning officer reversing the decision," Campbell told the court. "(Jones) is either disqualified, or not."

Jones said it's been tough trying to rope in supporters during the legal wrangle.

"People are very reluctant to take a sign when they're not sure if you're a candidate or not," said Jones outside court.

ALY THOMSON/METRO

Methadone clinics. Coun. Walker wants residents to have more say

Coun. Russell Walker says many residents he represents are concerned about a planned methadone clinic in his district, and he wants to make sure people in HRM have a say on whether one is built in their backyard.

"The big thing is there's no community consultation and there has to be community consultation," he said.

On Tuesday, Halifax regional council voted to support his motion for city staff to re-examine zoning procedures for methadone clinics.

A new clinic is planned to be open in Fairview inside a house at 3648 Dutch Village Rd.

Walker says other clinics are rumoured for other HRM locations, including Sackville, Dartmouth and Bedford.

Not a perfect world

Coun. Dawn Sloane, whose riding has a methadone clinic, suggested the emphasis be on helping people in need.

- "In a perfect world you wouldn't need a methadone clinic," she said.
- "It's unfortunate that they do, but these individuals are trying to do something with their lives."

Because clinics are allowed in residential areas, he says people should be advised well in advance.

ANDREW RANKIN/METRO

Loan and grant approved

Solar City project back on the table

It looks like Solar City is back on the rails.

The Federation of Canadian Municipalities has approved a \$545,000 grant and \$5.4-million low-interest loan toward the program.

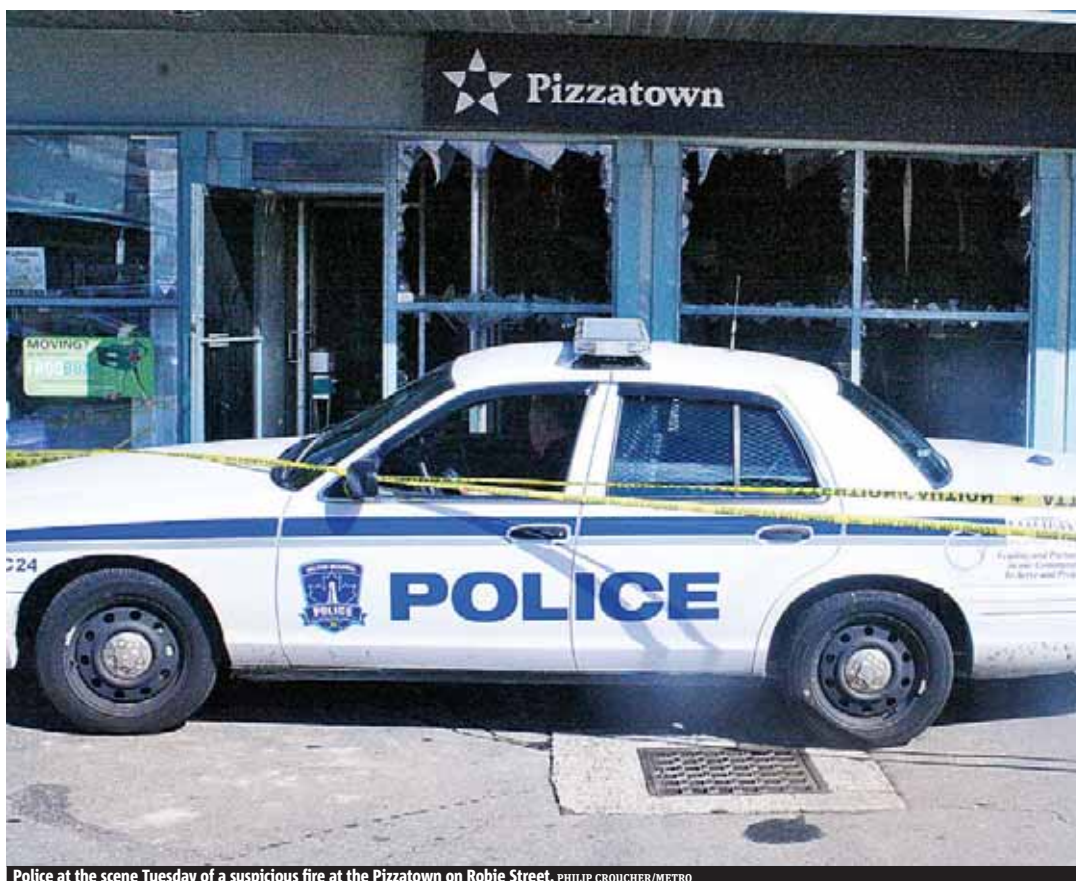
Coun. Barry Dalrymple announced the news that came down Friday at Tuesday's council meeting.

He called the funding good news for HRM and the project.

Halifax regional council applied for the funding back in July.

The project aims to finance solar water-heating panels for residents who tack on an extra charge to their property bills.

The news will be discussed at Thursday's environment and sustainability standing committee which will report back to council. ANDREW RANKIN/METRO



Police at the scene Tuesday of a suspicious fire at the Pizzatown on Robie Street. PHILIP CROUCHER/METRO

Suspicious fire destroys pizzeria

No one injured.
Distracted owner says none of Pizzatown's equipment is intact after overnight blaze



ALY THOMSON
halifax@metronews.ca

The owner of a north-end Halifax pizza place says his shop and all its contents were destroyed by a fire that police have deemed suspicious.

Fire crews were called to

the Pizzatown restaurant in a plaza at 3045 Robie St. around 1:35 a.m. Tuesday.

They say the business was fully engulfed in flames.

Shards of glass were littered on the ground in front of the business Tuesday afternoon — all of the store's front windows were blown out.

Other businesses in the plaza also suffered some smoke and water damage, police say.

Milad Chalhoub, owner of the Pizzatown location, says he was sitting in a hospital emergency room with his family when he got a call

Out of work

8

The number of employees owner Milad Chalhoub said worked at the Pizzatown location.

from the authorities around 2:30 a.m.

Chalhoub says all the shop equipment was destroyed. He was also upset after being told that the fire is considered suspicious.

"You can see it in my face," he said as emergency crews

worked to clean up the mess.

Chalhoub says the store closed at 10:30 p.m. Monday, about three hours before it went up in flames.

There was no one inside at the time.

Halifax Regional Police Const. Pierre Bourdages says crews were still dousing hot spots late Tuesday morning so investigators could enter.

Bourdages would not say why fire investigators suspect the blaze is suspicious.

"The investigation is in its early stages," said Bourdages, adding there is no word on the cause.

Teen arrested after pellet gun shootings

After two incidents in the last two weeks, the RCMP in Halifax are warning the public that fake guns can have real-world consequences.

A 17-year-old boy is facing charges after someone fired a pellet gun at a pair of school buses at Kingswood Elementary School in Hammonds Plains on Monday afternoon.

On Sept. 19, a 12-year-old boy was charged with weapons offences after RCMP officers got into a brief standoff with someone pointing a replica gun at them from inside a home on Circassian Drive in Cole Harbour.

RCMP spokesman Sgt. Alain LeBlanc says the replica weapons look real, and

Damages

- Police say windows of both buses were damaged, although they didn't shatter.

police will respond accordingly.

"When police officers ap-

proach a situation ... we'd treat all handguns and replica firearms as real until proven otherwise," he said.

"At the end of the day, we can't assume these are pellet guns."

No one was hurt in either case, but LeBlanc says pellet guns and replica guns are capable of causing real damage. RUTH DAVENPORT/METRO

LAKE CITY
WOODWORKERS

Fall Celebration Sale

HURRY
Sale Ends
Oct. 7th

IT'S UP TO YOU!

- **SAVE THE TAX*... or**
- **No Interest / No Pymts 12 Months...or**
- **24 Equal Pymts / No Interest**



SOLID WOOD FURNITURE

- **Handcrafted • Locally Made**
- **Guaranteed • Affordably Priced**

*Certain conditions apply -see store for details!

386 Windmill Rd, Dartmouth • 465-5000 • lakecitywoodworkers.com

Like us on
facebook

Survey

Parking-spot prices
up almost 5 per cent

Parking rates in Halifax are well below the national average, but a new survey says we're waiting years to pay for that coveted parking spot.

The Colliers International annual parking survey said Haligonians are paying \$181.60 on average for parking monthly, up almost five per cent from 2011.

The national average is \$241.72, the survey said. But the survey also said residents



A Halifax parking meter.
METRO FILE

are waiting one to two years to get off the waiting list and into a city centre parking spot. The country's average wait time is eight months, it said.

Calgary's average monthly rate topped the list at \$456.75, while the survey said the Waterloo region is paying the least amount per month for parking at \$132.49. Data for the survey was collected in June from third parties and parking-lot owners and include taxes. **METRO**

Test wells

Deadline to clean
up fracking-waste
site impossible to
meet: Company

The head of an oil-and-gas exploration firm says it will be impossible to meet a deadline to clean up holding ponds in Nova Scotia filled with contaminated water left over from hydraulic fracturing.

Peter Hill, executive chairman of Denver-based

Triangle Petroleum, says the provincial government wants the two ponds near Kennetcook emptied and 14 million litres of brine water trucked away by Nov. 30.

Hill says that won't happen because the province keeps making new demands on what needs to be done — and he wants an extension.

The fracking was done on three test wells five years ago — the first and only wells that have been fracked in Nova Scotia.

THE CANADIAN PRESS

Monster squash

N.S. pumpkin
sets new record

A Nova Scotia man has set a new record for the heaviest pumpkin grown in Atlantic Canada. Gerard Ansems of Steam Mill entered a 727-kilogram specimen Saturday at the Annapolis Valley Giant Vegetable Growers Association weigh-off in Waterville. The monster is 89 kilograms heavier than the previous record-holder. **CAPE BRETON POST**

Alleged confinement

Sexuality issues
troubled wanted
man: Parole board

A man wanted in the alleged confinement of a teenage boy in Nova Scotia was troubled by emotional issues surrounding his sexuality and self-esteem, the National Parole Board said in its decision to give him day parole.

The parole board's assessment released Tuesday is contained in a March 2007 decision approving accelerated day parole for Wayne Alan Cunningham,

who faces charges of sexual assault and forcible confinement after a 16-year-old boy alleged he was kept captive by two men at a home last month.

Cunningham, then 26 years old, had been sentenced four months earlier to more than three years in prison on charges including theft, break-and-enter, fraud and forgery.

"Issues surrounding sexual identity in your teens is believed to have ill effects on your self-esteem," board member Anna Butland wrote in the decision.

"This result is believed to have led to choices in being a follower of criminally oriented peers and negatively influenced family relations."

A weeklong hunt continued Tuesday for the 31-year-old man, who police said could be headed to Calgary in a grey 2003 Hyundai Elantra with Nova Scotia licence plate FBP 233.

Cunningham's co-accused in the alleged case of confinement, David James Leblanc, was arrested Sunday in northern Ontario. He also faces charges of sexual assault and forcible confinement. **THE CANADIAN PRESS**



Cunningham
POLICE HANDOUT

NSCAD students call for new financial strategy

Symbolic vote. Plan to raise fees, adjust classes rejected



RUTH
DAVENPORT
ruth.davenport@metronews.ca

Students at the Nova Scotia College of Art and Design want a new plan to boost revenues at the struggling school.

A general assembly of students held a non-confidence vote Monday on the Framework for Sustainability report, which was submitted to the province in late March.

The report recommends raising student fees, freezing expenses and eliminating some positions in order to improve its bottom line.

The vice-president, academic, of NSCAD's student union says they want administrators to consider other alternatives.

"There's fundraising possibilities, there are financial changes that can

Quoted

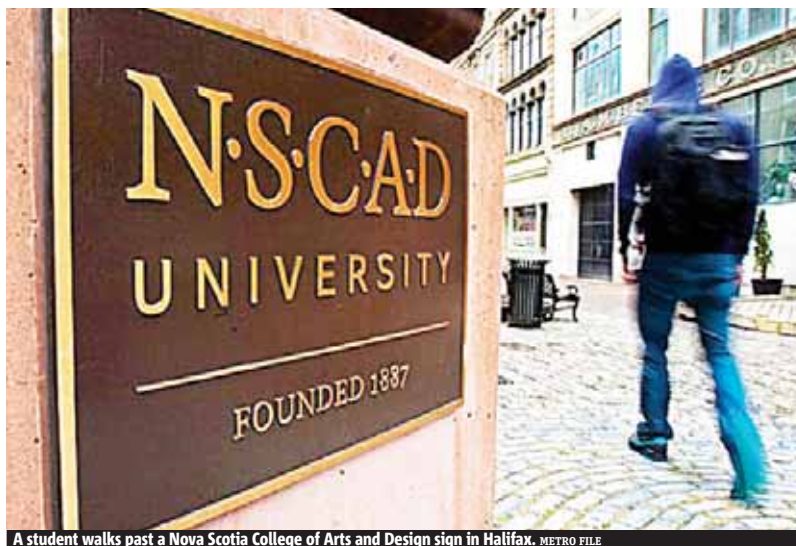
"The public confidence we lost can only be regained if we ... manage public donations or public investments in a responsible fashion. That means not spending more than you have."

Dr. Daniel O'Brien, acting NSCAD president

be made within the school ... that aren't so negative," said Gabrielle Beauchemin.

Acting NSCAD president Dr. Daniel O'Brien says the fee increases are pretty modest and that it's late in the game to ask for a course correction.

"We have a plan that has been carefully produced, carefully documented, carefully justified, and vetted internally," he said, adding the report was unanimously approved by the school's board of governors.



A student walks past a Nova Scotia College of Arts and Design sign in Halifax. **METRO FILE**

Beauchemin says students weren't adequately consulted about the report and adds the administration should revisit the plan with their input.

"After it was submitted, it did buy us time and ...

that's time that could be used to come up with a different plan," she said.

O'Brien says he's willing to listen, but says consultations on the plan were attended by a healthy cross-section of students, staff,

faculty and administrators.

"It was a very elaborate and intensive consultation period," he said. "The report is rich in documentation and justification for the course adopted, so we just stand by it."

Taking Steps Towards a Cure.

Light the Night is an annual walk and fundraising event- a night of solidarity and hope. This event supports people battling blood cancer and paying tribute to those claimed by it. Friends, families and supporters gather holding illuminated balloons- red for supporters, white for survivors and patients and gold to remember lost ones.

Our mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life of patients and their families.

WALK AS IF YOUR LIFE DEPENDS ON IT. WALK BECAUSE SOMEONE'S DOES.

Join us
Saturday, October 20
Halifax Commons

REGISTER TODAY AT
LIGHTTHENIGHT.CA/HAL
422-5999



LEUKEMIA &
LYMPHOMA
SOCIETY
OF CANADA

**LIGHT THE
NIGHT WALK**





Q104
The Home of
Rock n Roll

KISS KRVISE

TO THE BAHAMAS

Listen for the Q-JET
to fly and call

451-1043

Q104
The Home of
Rock n Roll

www.Q104.ca

Police arrest 7 crew members after Hong Kong boat crash



Relatives of the victims throw paper money on Tuesday as they pay tribute to the ill-fated people aboard a boat that sank Monday night near Lamma Island, off the coast of Hong Kong Island, killing at least 38 people. VINCENT YU/THE ASSOCIATED PRESS

Mourning. Dozens of relatives travelled by boat to pray alongside Taoist priests and toss spirit money into wind

Police arrested seven crew members Tuesday from two boats that collided in Hong Kong waters, killing 38 holiday revellers, but offered no theory about how the vessels ran into each other on a clear night in one of the safest and most regulated waterways in Asia.

The Monday-night crash was Hong Kong's deadliest accident in more than 15 years, and its worst maritime accident in more than 40.

Some relatives of the dead went to the scene off Hong Kong island's southwestern coast to participate in traditional Chinese mourning rituals on Tuesday, while others waited at the morgue for news about loved ones.

Police Commissioner Tsang

Wai-hung said six people were detained on suspicion of endangering passengers by operating their craft in an unsafe way. Police later announced a seventh arrest. Tsang said both crews are suspected of having not "exercised the care required of them by law," but he did not elaborate.

The ferry collided with the Lamma IV, which is owned by the Hong Kong Electric Co. utility and was taking more than 100 employees and their families to famed Victoria Harbor to watch a fireworks display in celebration of China's National Day and mid-autumn festival.

The government said 101 people were sent to hospitals, 66 were discharged, and four had serious injuries or were in critical condition.

The ferry was damaged but completed its journey, and some of its passengers were treated for injuries. Local TV later showed its bow chewed up and chunks missing.

Hong Kong and Kowloon (Ferry) Holdings Ltd., the ferry

Context

- Large-scale accidents are rare for Hong Kong, which has one of Asia's most advanced infrastructures and first-rate public services.

operator, did not return calls seeking comment.

The government said 28 bodies were recovered overnight, and eight more people were declared dead at hospitals. Two bodies found aboard the vessel Tuesday raised the death toll to 38, according to government statements. At least four of those killed were children.

Salvage crews raised the half-submerged Lamma IV using three crane barges.

Victor Li, deputy head of the company that owns Power Assets, said the company would provide emergency payments of 200,000 Hong Kong dollars (\$25,380) to the family of each person killed.

THE ASSOCIATED PRESS

Security request in Libya was denied: U.S. Congress

U.S. diplomats in Libya made repeated requests for increased security for the consulate in Benghazi before it was attacked last month, but they were turned down by officials in Washington, leaders of a Congressional committee said Tuesday.

In a letter to Secretary of

State Hillary Rodham Clinton, Reps. Darrell Issa and Jason Chaffetz said their information came from "individuals with direct knowledge of events in Libya."

The two Republicans said the Sept. 11 attack that killed Ambassador Chris Stevens and three other Americans

was the latest in a long line of attacks on Western diplomats and officials in Libya in recent months.

Stevens was the first sitting U.S. ambassador to be killed in more than 30 years.

The lawmakers asked Clinton whether the State Department was aware of the previ-

ous incidents, whether the level of security that was provided to the U.S. mission met the security threat and how the department responded to requests for more security. The lawmakers plan a hearing of their House Oversight and Government Reform Committee on Oct. 10.

The attack came amid protests across the Muslim world over an amateur anti-Islam video produced in the U.S.

The State Department has declined to answer questions about whether extra security was sought by officials in Benghazi ahead of the Sept. 11 attack. THE ASSOCIATED PRESS

Before the attack

Weeks before Sept. 11, the Libyan guards at the consulate were warned by family members to quit their jobs because there were rumours of an impending attack.

CLEVE'S FORUM SALE!

\$2.3 MILLION

INVENTORY CLEARANCE AT THE HALIFAX FORUM

Cleve's Source for Sports is marking down their huge inventory of sporting goods and loading it all into the Halifax Forum Multi-purpose Room for immediate sale. Sales Reps are slashing prices on their samples. All to be sold off at up to 77% off!

Thursday Oct. 4, Noon - 9pm • Friday Oct. 5, 9am - 9pm
Saturday Oct. 6, 9am - 6pm • Sunday Oct. 7, 9am - 5pm

Halifax Forum Multi-purpose Room on Young Street



Inquiry offers insight into Mafia boss

Vito Rizzuto. Reputed head of Montreal Mafia scheduled to return to Canada next week once U.S. prison sentence runs out

The sheer scope of the power once held by Mafia boss Vito Rizzuto has been hinted at in testimony at Quebec's corruption inquiry.

Nevermind the ties to more familiar Mob rackets —

which Rizzuto certainly held, with tentacles stretching into various sectors on different continents.

According to testimony Monday, he once helped decide who built the roads in Quebec. A construction boss says that when there was a dispute over who should win a certain bid for roadwork, he was invited to a restaurant owned by his competitor. Sitting there, acting as mediator, was the head of Canada's Mafia.

The rival businessman denies the meeting took place. But that anecdote offers a snap-

shot into the role Rizzuto is believed to have played before he was arrested eight years ago: that of deal-broker, peace-maker, man of influence.

How times have changed.

The 66-year-old Rizzuto is scheduled to return to Canada next week once his U.S. prison sentence runs out. But the organized-crime terrain has shifted since Rizzuto was extradited to the U.S.

His son and father have both been murdered, his brother-in-law is missing, his father-in-law has passed away from natural causes, and numerous friends

are either in jail or dead.

As for his empire, it has been under attack since a spate of fire-bombings on certain businesses in recent years.

An RCMP analyst at Quebec's inquiry last week offered an observation similar to what has been speculated for a few years — that a faction of the Calabrian Mafia, the 'Ndrangheta, based in Ontario, has taken control. The Sicilian clan headed by Rizzuto is still around, but weakened.

The Toronto Star reported recently that Rizzuto may settle in Toronto. **THE CANADIAN PRESS**

Conviction

- Rizzuto was arrested in Canada in 2004 and, following a lengthy legal battle, was extradited to the U.S. in 2006.
- He was subsequently convicted for his role in the 1981 score-settling murder of three Bonanno crime-family members in a New York club. He was sentenced to 10 years in prison.



Mafia boss Vito Rizzuto.

RYAN REMIOWZ/THE CANADIAN PRESS



Rallying for peace

An Indian man and children dressed as Mahatma Gandhi wait for the start of a rally against violence to mark the anniversary of Gandhi's birth in Ahmedabad, India, Tuesday. **AJIT SOLANKI/THE ASSOCIATED PRESS**

THE NEW 2013 **ILX**

It's okay to stare.

ACURA

ILX Tech model shown with Aero Kit Package.

Gay teens

Group files suit to block law that bans conversion therapy

A Christian legal group has filed a lawsuit to overturn a first-of-its-kind California law that prohibits licensed mental-health professionals from practising therapies aimed at making gay and lesbian teenagers straight.

The Sacramento Pacific Legal Institute is challenging the law signed Saturday by Gov. Jerry Brown. The lawsuit was filed late Monday in U.S. District Court. **THE ASSOCIATED PRESS**

Alleged gang rape

Investigation involving former IMF official dropped

A prosecutor in France says officials have dropped a preliminary investigation into allegations of rape in a Washington, D.C., hotel by former International Monetary Fund chief Dominique Strauss-Kahn.

State prosecutor Frederic Fevre said Tuesday that the supposed victim, an escort girl, went back on her original account and now says no rape was involved. **THE ASSOCIATED PRESS**

Mall collapse

Families of Elliot Lake victims claim negligence in lawsuit

Relatives of two women killed when a rooftop garage collapsed in Elliot Lake, Ont., in June are alleging the provincial government and mall owner were negligent in lawsuits that claim complaints about the structure were ignored.

The parallel suits, which also name the city and engineers who said the Algo Centre Mall was safe, seek several million dollars in damages for relatives of Doloris Perizzolo and Lucie Aylwin. **THE CANADIAN PRESS**

Pope's butler says he's innocent of theft

Pope Benedict XVI's one-time butler declared Tuesday he's innocent of a charge of aggravated theft of the Pope's private correspondence, but acknowledged he photocopied the papers and said he feels guilty that he betrayed the trust of the pontiff he loves like a father.

Paolo Gabriele took the stand Tuesday in a Vatican courtroom to defend himself against accusations of his role in one of the most dam-

aging scandals of Benedict's pontificate.

Prosecutors say Gabriele stole the Pope's letters and documents alleging power struggles and corruption inside the Vatican and leaked them to a journalist in an unprecedented papal security breach.

Gabriele faces four years in prison if he is found guilty, although most Vatican watchers expect he will receive a papal pardon if he is convicted.

During Tuesday's hear-

Quoted

"I declare myself innocent concerning the charge of aggravated theft. I feel guilty of having betrayed the trust of the Holy Father, whom I love as a son would."

Paolo Gabriele on stealing Pope Benedict XVI's private letters

ing, Gabriele's attorney complained that her client spent his first 20 days in Vatican detention in a room so small he couldn't stretch his arms out and with lights kept on

24 hours a day.

Vatican police swiftly defended their treatment of Gabriele, but the Vatican prosecutor opened an investigation regardless.

Prosecutors have said Gabriele, 46, has confessed to leaking copies of the documents to Italian journalist Gianluigi Nuzzi, because he wanted to expose the "evil and corruption" in the church.

They quoted him as saying in a June 5 interrogation that even though he knew taking the documents was wrong, he felt inspired by the Holy Spirit "to bring the church back on the right track."

THE ASSOCIATED PRESS



Paolo Gabriele

THE ASSOCIATED PRESS



A kiss to build a dream on? Justin Trudeau and wife Sophie Grégoire after he announced he's running for the leadership of the federal Liberal party. PAUL CHIASSON/THE CANADIAN PRESS



He's their man: A Montreal crowd welcomes Justin and Sophie Tuesday night. PAUL CHIASSON/THE CANADIAN PRESS

That 'secret' is out: Justin wants to be Liberal leader

A new Trudeau era?
'Rock star' candidate tells crowd he's determined to build 'a better life, a better Canada'

Justin Trudeau is off and running.

He revealed the worst-kept secret in Canadian politics on Tuesday — he's in the federal Liberal leadership race.

"I am running because I believe this country wants and needs new leadership," he told a Montreal crowd.

But he faces a double-edged challenge:

He's determined to breathe new life into a party he said has lost touch with middle-class Canadians.

Even harder, he must confront those critics who say he's just a pretty face with a famous last name.

Trudeau told a crowd peppered with Liberal luminaries that he has a vision for Canada's future "grounded

not in the politics of envy or mistrust." That vision, he declared, "understands, despite all the blessings beneath our feet, that our greatest strength is above ground, in our people."

"All Canadians, pulling together, determined to build a better life, a better Canada."

But as the middle class in China, India, South Korea and Brazil enjoys increasing prosperity, Canadians are experiencing the opposite, he said — stalled income levels, escalating costs and debt.

"What's the response from the NDP? To sow regional resentment and blame the successful."

"The Conservative answer? Privilege one sector over others and promise that wealth will trickle down, eventually."

Both are "tidy ideological answers," he said. "The only thing they have in common is that they are both, equally, wrong."

On Wednesday, Trudeau embarks on a cross-Canada tour designed to prove he's more than just his famous father's telegenic offspring.

THE CANADIAN PRESS

The man

Following in his dad's footsteps

Justin Trudeau has been in the public eye since he was born on Christmas Day, 1971.

As a child, he travelled the country and the world with his famous father, then prime minister.

He was a school teacher before jumping into politics in 2008.

He eschewed offers to run in Montreal's Outremont riding — now held by NDP Leader Tom Mulcair — choosing instead to fight a contested nomination in Papineau, once a Bloc Québécois stronghold and among the poorest ridings in the country.

He defeated a star Bloquiste in 2008 and bucked the NDP tide that swept Quebec in 2011.

In Liberal circles, he is an undisputed rock star.

He boasts more than 150,000 followers on Twitter.

THE CANADIAN PRESS

Quoted

"I think Justin has a lot to offer the country."

Gerard Kennedy, who himself is still pondering whether he'll take a second run at becoming federal Liberal leader.

Women disappointed

Court's new man is a gender jolt

Justice Richard Wagner of the Quebec Court of Appeal was lauded Tuesday as a worthy addition to the Supreme Court of Canada, with one reservation in some quarters — he's not a woman.

Wagner's appointment Tuesday reduced to three the number of women on the nine-member court.

NDP justice critic Francoise Boivin was disappointed a woman was not tapped. And Queen's University law professor Kathleen Lahey said: "This is the 21st century."

THE CANADIAN PRESS

Meter misery. No breaks for drivers ... and no brakes on parking costs

Gas prices aren't the only thing putting a squeeze on drivers' finances.

A new survey suggests Canadian drivers are pumping more cash into parking meters this year as parking rates continue to climb in major cities.

The Colliers International annual parking survey says the average median rate for a monthly unreserved spot is now \$241.72 per month, up from \$235.33 in 2011.

Calgary is Canada's most expensive city to park in for the second year in a row, with the average parking rate ris-

By the numbers

2.7%

How much the average median rate for a monthly unreserved parking spot grew over the past year.

ing two per cent to \$456.75.

That rate is second in North America only to parking in New York City.

Montreal, Toronto and Edmonton are also in the top 10 most expensive cities for parking in North America.

THE CANADIAN PRESS

Steven Page reveals the barenaked bipolar facts



GRAHAM LANKTREE
Metro in Ottawa

Steven Page, former frontman of The Barenaked Ladies, shared his struggles with bipolar disorder and depression Tuesday.

He was helping to launch two new mental-health tools at Algonquin College in Ottawa.

"In 2007 when I was arrested for drug possession ... it was painful to pick up a national newspaper and see my mug shot," Page said.



Steven Page says having good friends is a key to coping.

JAMIE SABAU/GETTY IMAGES

"I hadn't taken care of my inner struggles."

Page spoke at the launch of Starting the Conversation and iCopeU, two tools the

college has created to help students and staff cope with mental-health issues.

iCopeU uses interactive games to teach students how to identify a panic attack and to reach out to friends they think may be suicidal.

Starting the Conversation is an online tool for staff to help identify students who may be suffering.

Being an artist makes it easier for him to talk about his struggles, Page said. "People in the business world can't come out and talk about it."

THE NEW 2013 **ILX**



Even from behind.

Introducing Acura ILX. Luxury starts here. Experience it now at acura.ca/ILX
Man. Machine. Connect.



ILX Tech model shown with Aero Kit Package.

Farmer eaten by his hogs

Mysterious death.

Only dentures and body pieces found as authorities investigate several possible scenarios

Authorities are investigating how a U.S. farmer was eaten by his hogs.

Terry Vance Garner, 69, never returned after he set out to feed his animals last Wednesday on his Oregon farm, the Coos County district attorney said Monday.

A family member found Garner's dentures and pieces of his body in the hog enclosure several hours later, but most of his remains had been consumed, District Attorney Paul Frasier said. Several of the hogs weighed 700 pounds or more.

It's possible Garner had a medical emergency, such as a heart attack, or was knocked over by the animals, then killed and eaten, Frasier said, adding that at least one hog had previously bitten Garner.



This June photo shows hogs at a farm in Buckhart, Ill. An Oregon farmer was eaten by his swine, investigators say. M. SPENCER GREEN/THE ASSOCIATED PRESS FILE

The possibility of foul play is being investigated as well.

"For all we know, it was a horrific accident, but it's so doggone weird that we have to look at all possibilities," Frasier told The Register-Guard newspaper.

A pathologist was unable to identify a cause or manner of death, the newspaper reported. The remains will be examined by a forensic anthropologist at the University of Oregon.

Terry Garner was "a good-hearted guy" who cared for several huge adult sows and a boar named Teddy, said his

brother, Michael Garner, 75, of Myrtle Point.

"Those animals were his life," Michael Garner said. "He had all kinds of birds, and turkeys that ran all over the place. Everybody knew him."

Domestic hogs are not typically known to be as aggressive as their feral cousins, but "there is some degree of danger associated with any animal," John Killefer, who heads the Animal and Rangeland Sciences Department at Oregon State University in Corvallis, told the newspaper.

THE ASSOCIATED PRESS

Dog days

Dog survives ride in sweltering heat

A dog has survived a 177-kilometre ride on the hot engine of a truck during a California heat wave. When Jaime Magalna, 52, noticed fur above his left front tire, he opened the hood to find a 25-pound dog atop the engine. The hunt is on for the dog's owner.

THE ASSOCIATED PRESS

Frostbitten

Veteran seeks \$10M after penis amputation

A U.S. army veteran is seeking \$10 million from the federal government, saying a nurse repeatedly put ice packs on his penis after surgery, causing frostbite and gangrene, and ultimately leading to the organ's partial amputation.

Michael D. Nash sued the federal government in U.S. District Court in Kentucky on Tuesday for what he calls medical malpractice.

THE ASSOCIATED PRESS



Dog trapped under a car for 17 km survives ruff ride

Animal-welfare authorities say a dog survived a 17-kilometre ride — at speeds of up to 80 km/h — after it was hit by a car and became wedged under its front grill. East Providence Animal Control supervisor William Muggle says the dog ran in front of the car in Massachusetts on Sept. 20. The driver slammed on the brakes, but didn't see the dog and continued driving. Muggle tells the Taunton Daily Gazette newspaper that another motorist finally pointed out the dog.

EAST PROVIDENCE ANIMAL CONTROL CENTER/THE ASSOCIATED PRESS



Hormonal Breakouts? Not Just a Teenage Problem!

Hormonal breakouts, such as acne that is marked by pimples, whiteheads, blackheads and cysts affect many teenagers today. But teenagers are not the only ones; acne can strike adults too - more than half of all adult women and about a quarter of adult men.

As the largest organ in the body, the skin is one of the best indicators of how healthy we are on the inside. Acne can have many underlying causes including: poor digestion and dietary intake (vitamin and mineral deficiencies), food allergies, hormonal imbalances, and stress.

Many women will typically see hormonal breakouts during their menstrual cycle due to hormonal fluctuations. Estrogen dominance due to hormone replacement therapy, the birth control pill, xenoestrogens from the environment (BPA, phthalates, parabens) or a sluggish liver can also contribute to hormonal breakouts.

EstroSense is a unique natural formula that helps maintain healthy hormone balance by supporting the liver and in turn, healthy skin. It combines key ingredients such as calcium-D-glucarate, indole-3-carbinol, sulfuraphane, milk thistle and DIM for promoting liver detoxification of "bad" estrogens and excretion of harmful xenoestrogens. **EstroSense** also provides Tumeric, Lycopene, Rosemary and Green tea for powerful antioxidant support.

All of the above ingredients can be found in **EstroSense**, an excellent product for balancing hormones and providing liver support for naturally healthy skin from the inside out!

So much easier being a girl... Like most people, I too, struggle with acne... One problem I have particularly struggled with has been my jaw line and back... That's when **EstroSense** entered my life and changed it for the better... After the first 3 months, my back and jaw breakouts have diminished significantly. On top of it, virtually all my PMS symptoms have almost disappeared... it's so much easier being a girl now. Beauty Blogger Ellie S.

Ask for
EstroSense
at your local
Health
Food Store



"I recommend **EstroSense**® to patients in my practice"

- Dr. Marita Schauch, BSc, ND (Sidney, BC)



COUPON \$ **2 OFF** **EstroSense**®
ANY SIZE

Only at your local Health Food Store

MANUFACTURER COUPON - TO THE RETAILER: For redemption, mail to:
Preferred Nutrition, 153 Perth Street, Acton, ON L7J 1C9 Expiry: December 31, 2012 Code: 05-089

Preferred Nutrition PNO.CA



CUSTOMER SIGNATURE
REQUIRED FOR VALIDATION

Water bombers called in to soak wildfires

State of emergency. Ontario crews sent to battle blaze in small Manitoba town



BERNICE PONTANILLA
Metro in Winnipeg

The Manitoba government called in water bombers from Ontario Tuesday to deal with a series of wildfires whipped up

by severe winds in the south-east portion of the province.

The tiny town of Vita, Man., about 110 kilometres southeast of Winnipeg, was under a state of emergency and an evacuation order after a fire suddenly appeared. Three homes and a bridge have burned and there were two reported injuries.

The province restricted travel in southeast Manitoba as more and more wildfires were reported. In total, about seven communities were affected.

Three water bombers were sent to battle the fires in Vita and near another town, Richer, as well as two more water bombers from Ontario.

Meanwhile, in the western Winnipeg suburb of Charleswood, a stubborn grass fire forced the evacuation of people and livestock, and tested the resources of the Winnipeg Fire Paramedic Service.

"We don't have enough manpower for relief, so it's been the same crew since eight

o'clock this morning," said platoon chief Albert Sigfusson. "We've had to commandeer private equipment ... the wind is still high and the threat to homes was extremely high this morning, so we've had up to 18 trucks at a time fighting the fire."

Homeowners in the area spent the afternoon spraying water on their roofs, surrounding trees and lawns, and getting ready to leave if needed.

No injuries were reported.



Firefighters on the scene of the blaze on Tuesday. TYLER PEACOCK/FOR METRO



Honduras

Politicians offer lifelines in dire circumstances

In some countries political campaigns give out bumper stickers and yard signs. In Honduras, one of Latin America's poorest countries and possibly its most dangerous, candidates dole out another type of political swag: coffin for the destitute.

The murder rate has more than doubled over the last six years due largely to an explosion in drug trafficking to the United States and a proliferation of violent gangs, many of which originated in U.S. cities. The capital, Tegucigalpa, has grown so threatening that its streets empty after sunset, while its morgues fill up.

THE ASSOCIATED PRESS

Vandalism

Bacon left at mosque potential hate crime: RCMP

Mounties are investigating the possibility of a hate crime after several piles of bacon were found outside a mosque in Port Coquitlam, B.C.

Police say it's the second such act of vandalism and mischief at the Islamic Society of British Columbia mosque and Islamic Centre in the last 18 months.

Muslims consider pork a symbol of impurity.

Society president Saad Bahr said Tuesday it's clear the action was intended to offend, but his group would welcome the opportunity to speak to those responsible and have them learn about Muslim beliefs.

THE CANADIAN PRESS



Hollywood makeover

Painting crews set up on the base of the Hollywood sign in Los Angeles, Tuesday. The Hollywood sign, built in 1923, was an advertisement for a suburban housing development called Hollywoodland. The sign has been painted twice since 1978 and is now in need of a complete overhaul, just in time to celebrate its 90th birthday. DAMIAN DOVARGANES/THE ASSOCIATED PRESS

E. coli cases. Saskatchewan checks possible link to recall

Saskatchewan is reporting a spike in E. coli cases but is waiting for lab tests before linking them to the massive beef recall from an Alberta plant.

The Ministry of Health announced Tuesday there were 13 reported cases of E. coli infection in the province last month. The usual number for September is between zero and four. "Public health authorities are investigating these cases and conducting tests to determine whether they are linked to the recall," reads a government re-

lease. "Laboratory results are expected within the next few days."

Health officials in Alberta on Tuesday confirmed two new cases, bringing the province's total to 10. Five of these cases have been linked to steaks that were processed at the XL Foods Inc. plant in southern Alberta.

Late Monday, the Canadian Food Inspection Agency added dozens of additional products to the recall. The entire list can be found at inspection.gc.ca.

THE CANADIAN PRESS

Fish-tracing website looks to expand beyond Canada

Sustainability. Service lets consumers find out who caught their dinner and how

Developers of a small Canadian website that has allowed consumers to trace hundreds of thousands of fish back to those who caught them are gearing up for a global presence.

Ecotrust Canada is in talks with East Coast mussel farmers and West Coast Dungeness crab fishermen to add their products to the online traceability program offered by thisfish.info, says Tasha Sutcliffe, vice-president of the non-profit organization and director of its fisheries program.

Sutcliffe said her organization has also met with interested non-governmental organizations, fishermen and restaurants in Australia and has received inquiries from Portugal, Costa Rica and the U.S.

Already, the website, which launched in 2010, allows consumers to trace 16 different fisheries back to hundreds of Canadian fishermen employed



An employee holds fish tags at Ecotrust Canada in downtown Vancouver on Friday. A Canadian website that allows consumers to trace the fish they buy back to the people who caught them is preparing for a global presence.
JONATHAN HAYWARD/THE CANADIAN PRESS

on both coasts, she says.

"With the seafood industry, you know, some people care very much about the sustainability of their catch," she said. "They want to know that it's caught from a sustainable fishery, how it's caught, perhaps even if they're interested enough ... in the stock status."

The program requires the participation of every agency in the distribution chain, from the fishermen to the consumer.

Fishermen assign a code to their catch and upload that information to the website, including details about where, when and how the fish were caught.

The code then follows the fish as they move through the processing and distribution chain. To learn about their fish, consumers just enter the code into the website. So far, consumers have traced more than 362,500 fish. THE CANADIAN PRESS

Quoted

"There's more and more requirements by consumers to know exactly where their fish comes from.... They really want to know what kind of fishery it is."

Dan Edwards, a commercial fisherman from Ucluelet, B.C., who has been involved in the Thisfish program since 2007

Most valuable brands

BlackBerry sinks to No. 93 in global brand ranking

The BlackBerry brand that once dominated the smartphone landscape has plummeted nearly to the bottom of the latest ranking of global brands by an international consultancy. Interbrand said that Research In Motion's BlackBerry is now 93rd on its list of 100 most valuable global brands, down from 56th in 2011.

THE CANADIAN PRESS

Market Minute



DOLLAR
101.60¢ (-0.16¢)



TSX
12,391.23 (+21.04)



OIL
\$91.89 US (-\$0.59)



GOLD
\$1,775.60 US (-\$7.70)

Natural gas: \$3.52 (+0.04¢)
Dow Jones: 13,482.36 (-32.75)

Go digital for a chance to win.

Secure and simple epost™ service from Canada Post is the convenient way to keep track of all of your bills, statements, and essential documents. And best of all, it's free. Receive bills and statements for just about all your regular expenses, such as cable, phone, utilities, credit cards, and property taxes. View your digital mail with a single login. Plus, your documents are stored privately and securely for up to seven years. Sign up today at epost.ca or through your financial institution.

You could win \$1,000 in our monthly draw just by registering your bills with epost.ca

Register two bills with epost and you will be automatically entered for a chance to win \$1,000 in our ongoing monthly contest. And, each additional bill you register gives you an extra contest entry.*



One place. One login. One password.

Sign up today at epost.ca

Manage bills like these and many more.



* No purchase necessary. Contest runs from 12:00:00 a.m. EDT on May 1, 2012 to 11:59:59 p.m. EST on January 31, 2013. Contest is open to individuals who reside in Canada, are over the age of majority in their province or territory of residence, who are active epost users, and who have subscribed to at least two epost mailer bills throughout the previous 60 days. There are a total of 9 prizes available to be won, each with a value of CAD \$1,000. There will be one prize draw per month during the contest period. Odds of winning depend on number of entries received. Selected entrants must answer a mathematical skill testing question and sign a release. Full contest rules are available at epost.ca/contestrules. TM Trademark of Canada Post Corporation. All other trademarks are the property of their respective owners.

HAIL STORM JUSTIN TRUDEAU? WIND CHILL GARY BETTMAN?



**JUST
SAYIN'**
Paul Sullivan
metronews.ca

Winter is coming.

And that's not just the tag line for Season 3 of Game of Thrones.

It's really coming, in a meteorological, as well as mythological sense.

Only now, winter will never be the same. In the U.S., The Weather Channel (TWC) has unilaterally declared it will start naming winter storms the way the National Hurricane Center names tropical storms.

What's in a storm name?

I'm actually looking forward to the change in seasons for the first time since a snow day actually meant I could stay home and watch cartoons.

This is a real marketing breakthrough for The Weather Channel, which in a single stroke has branded winter as a TWC event. As it has a 76 per cent share of the weather-nerd market, everyone else — which is to say, TWC's annoying competitor, Accuweather — will have to follow TWC's lead. "We are concerned," Accuweather commented, "about the lack of strict criteria with naming winter storms." They are not amused.

Well, I guess. They just lost winter. But if I were Accuweather, I wouldn't waste any more time being a sore loser and get right on spring and fall. Think of the possibilities: Ice Jam Snoop Lion, Windstorm Rex Murphy, First Frost (Name of local Homecoming Queen goes here).

Now that TWC has turned winter weather into a name-calling event, I'm actually looking forward to the change in seasons for the first time since a snow day actually meant I could stay home and watch cartoons.

I could probably still stay home and watch cartoons and no one would care. But I would. I would care.

But people with critical jobs, such as TV-weather personalities, will now be able to phone in, blame the wrath of Khan or a spell cast by Gandalf, and turn over and go back to sleep.

As far as I can tell, anything goes on the mythology front. Italian stallions like Rocky take their place next to Greek gods Athena and Zeus, although it would be better if Rocky referred to Rocket J. Squirrel (speaking of the cartoons of my misspent youth), which would mean we could look forward to Winter Storm Bullwinkle, but that's almost too much to hope for. I can only remind the people at TWC that Rocky and Bullwinkle did come from Frostbite Falls, Minn. Winter lives there for sure.

The best part is that we can finally play along here in Canada. Blizzards are as commonplace as hurricanes are scarce north of the 49th. We could have a different fun weather event almost every day, although there's a real danger we'll hit Zeus in mid-February, when, in certain parts of this godforsaken tundra, winter's just getting started.

In that case, we can always tap into our local mythology and name the next one Winter Storm Sidney Crosby? Because apart from winter, he represents the other thing we're good at.



Whaddya gonna call that one, son? NATHAN DENETTE/THE ASSOCIATED PRESS

Time for a swim or a quick bite?



KATHLEEN REEDER/SOLENT

Animal instincts

Tiger hunts down handler into pool

This brave zookeeper took a real leap of faith ... into a swimming pool with a formidable tiger.

Animal handler Jeff Harwell, 30, dove into the water with a 204-kilogram Bengal tiger named Akasha in close pursuit.

The dynamic duo are the main event of a stunt show at Arizona's Out of Africa Wildlife Park.

METRO

Animal handler's view

"We're just playing, having a good time. All I see is her eyes and how intense they are, and she's trying to figure out what move I'm going to make that will make her spring."

Jeff Harwell

Reaction to photo

Critic condemns 'shocking' image

But this stunt is not without its critics.

"It's truly shocking," Adam Roberts, executive vice-president of animal-rights group Born Free USA, told Metro. "It sends out a terrible message, that wild animals can be kept in close proximity with humans." He added: "This could easily end up in tragedy, with someone getting killed by a tiger."

METRO



Jeff Harwell with Akasha.

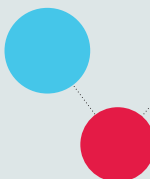
CONTRIBUTED



Register at metropolitanpanel.ca and take the quick poll

Are you concerned about your privacy on Facebook?

50%
SOMEWHAT.
I'M VERY
CAREFUL
WHAT I POST,
EVEN IN
PRIVATE
MESSAGES.



12%
NO, I'VE GOT
NOTHING TO
HIDE.

38%
YES, I NO LONGER
HAVE AN ACCOUNT.

Twitter

@NeilJohnBailey:

I think that #NS needs to market its strengths to attract/retain young people, not focus on demographic decline and compensation #vitalsigns

@MichaelFourEyes:

@BigBrotherCA rain Sunday in Halifax? That's ok, its like a challenge!! I'll be wet and smiling 6 am sharp

@SeanJA:

The Raptors are coming all the way to Halifax to play against them-

selves? Couldn't they do that in their own city?

@nat_travis:

#Halifax boardwalk is reminding me of @WalkingDead_AMC #cruiseships #Seniors @DowntownHalifax

@markadamhfx:

Hipsters that reach the age of 45 should have their right to dress that way revoked. "Hipster chic" doesn't work at that age. #Halifax #fb

Helping kids be healthy inside and out

Steps to success

Lutherwood offers specialized children's mental health programs tailored to the needs of each individual — like STEPS, a day treatment program that combines education and treatment under one roof.

At STEPS, young people ages 12 to 16 learn coping strategies they can take away and use forever — in one semester. Each student has a primary counsellor, plus an extensive support team that ranges from a psychologist to music and recreation therapists.

The intimate classroom includes both a special education teacher and a youth counsellor for the eight students. And it's OK to sit on the floor or even step out for a mind-clearing walk if that helps a student manage stress. Many students want to stay for a second semester, but the whole idea behind STEPS is applying new tools in the world outside.

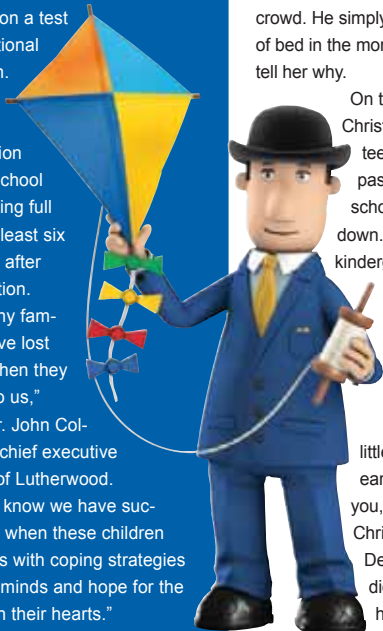
Launched 10 years ago by Lutherwood, STEPS is a proven success. Close to 90 per cent of graduates leave the program with improved scores on a test of emotional function.

An equal proportion are in school or working full time at least six months after graduation.

"Many families have lost hope when they come to us," says Dr. John Colangeli, chief executive officer of Lutherwood.

"We know we have succeeded when these children leave us with coping strategies in their minds and hope for the future in their hearts."

The RBC Foundation has funded Lutherwood, home of STEPS and other programs for youth, as part of the RBC Children's Mental Health Project since 1995.



"I was terrified that if we didn't find the answer, he would see no way out," Kim Devine says of her son, Christian.

How one teen found hope

By Rona Maynard

Kim Devine had never felt so helpless. At 14, her son Christian refused to go to school. He wasn't cutting his Grade 9 classes to hang out with the wrong crowd. He simply stopped getting out of bed in the morning. And he couldn't tell her why.

On the face of things, Christian was the ideal teen: kind, polite, compassionate. But mention school and he would shut down. As far back as junior kindergarten, he had been one of those sensitive kids whom classmates would tease and hit because he wouldn't fight back. "When kids are little and they have an earache, they can tell you, 'My ear hurts,'" says Christian's mother, Kim Devine. This time she didn't know what was hurting.

As meeting after

meeting at the school accomplished nothing, Kim watched sadness overtake her son. She worried about suicide, second only to car accidents as a cause of death in young people¹. She would read about quietly miserable kids who take their lives — kids who sounded a lot like her son. "I was terrified that if we didn't find the answer, he would see no way out," she recalls.

Kim and Christian's father, Peter Devine, took their child to the family doctor, two psychiatrists and a year of family counselling, but Christian's spirits didn't lift.

He told them, "I'll do whatever it takes. I just want to get better."

They were hoping he would feel safer in a private school until they heard about STEPS, a free day program offered by Lutherwood in Waterloo, Ont.

Designed for kids like Christian who bottle up their problems, STEPS combines education and treatment in a class of eight students aged 12 to 16. Christian enrolled last winter and graduated in June with a near-perfect attendance record. Here is what the program gave him:

• **A DIAGNOSIS:** Christian's first full psychiatric assessment showed that he was suffering from anxiety and low-level depression, two of the most common mental illnesses in children². He now takes anti-depressants. Medication doesn't "make me the happiest person on Earth, but it helps me sit back and think before I act," he says.

• **SELF-AWARENESS:** Christian learned strategies for managing his emotions before they overwhelm him. A talented pianist, he discovered that music relaxes him. Woodworking class revealed another gift that he plans to apply in a trade.

• **A CHANCE TO SHINE:** At STEPS, Christian met kids more anxious than himself. With his thoughtfulness and charm, he assumed a leadership role. When a classmate was afraid to enter the building, a therapist chose Christian to reassure the student.

• **CONFIDENCE:** At his June graduation from STEPS, Christian played a favourite song of his godfather's, learning the song in one night.

RBC® supports kids like Christian

Since 2008, the RBC® Children's Mental Health Project has donated more than \$12 million to more than 200 organizations across Canada. You can help us help children. Visit rbc.com/childrensmentalhealth and test your knowledge of children's mental health.

For every completed quiz, we will give \$2 to Kids Help Phone³, a free, confidential counselling service for youth nationwide.

³ To a maximum donation of \$50,000.

• **HOPE:** With the support of a STEPS transition worker, Christian has returned to a regular high school. Now 16, he is looking forward to college. "I know it's not going to be easy," he says, "but I know I'm going to try because I see a future for myself."

Rona Maynard is an author, speaker, mental health advocate and former editor of Chatelaine.



RBC
Children's Mental
Health Project

This is a special feature brought to you by the RBC® Children's Mental Health Project. Visit rbc.com/childrensmentalhealth to view the entire series.



Liam Neeson gets big bucks these days with roles like in Taken 2. But prior to killing bad guys, he showed a softer side. HANDOUT

Neeson has a particular set of skills that aren't violent

Taken 2. Before he was fighting wolves and hunting bad guys, the Irish actor played a number of roles that showcased his nice-guy personality



IN
FOCUS
Richard Crouse
scene@metronews.ca

In this weekend's Taken 2, Liam Neeson tells his daughter that he will do, "what I do best," which, apparently, is wallop bad guys, grimace and

leave a trail of destruction a mile wide. He plays a retired CIA agent with a "particular set of skills" who will do anything to protect his family.

Neeson's habit of paying the rent with chest-beaters like Battleship, Unknown and The A-Team led one macho movie fan to post on Facebook some conclusions.

"After watching the movie The Grey, I can only come to the (very logical) conclusion that Liam Neeson should be King of the Earth. Who's better than Liam Neeson? Nobody. That's who. Nobody."

His burly build and steely glare have made the 60-year-old an action star.

"Believe it or not, I have even had Arnold Schwarzenegger and Bruce Willis calling my agent saying, 'How do I get these scripts?'" he said.

Quote

There was a time when a kinder, gentler (Liam) Neeson ruled the screen.

But there was a time when a kinder, gentler Neeson ruled the screen.

His first film, 1977's Pilgrim's Progress, was so low budget he played several characters. He's credited as the Evangelist, a main character in John Bunyan's Christian allegory, but can also be

seen subbing in as the crucified Jesus Christ.

It was another supporting role in a movie called Shining Through that led to his breakthrough. In it he plays a Nazi party official opposite Michael Douglas. The performance so impressed Steven Spielberg he cast Neeson as Oskar Schindler in Schindler's List, which turned him into an Oscar-nominated star.

He parlayed that fame into starring roles in period pieces like Rob Roy, Michael Collins (at the age of 43 Neeson was 12 years older than the real-life Michael Collins when he died) and Les Misérables. Then comedies Breakfast on Pluto and High Spirits

also showcased his more amiable side.

High on the list of his mild-mannered roles are two films with Laura Linney. He's worked with her so often on stage and in the movies they joke they feel like "an old married couple." They're part of the ensemble cast of Love Actually and play husband and wife in Kinsey, about America's leading sexologist Alfred Kinsey.

Neeson, as we can see, can portray almost anything on screen, but even he was surprised by the success of Taken, his first action hit.

"I was a tiny bit embarrassed by it, but then people started sending me action scripts."

BUY IT ON BLU-RAY™ COMBO PACK & DVD OCTOBER 2

YOU COULD WIN A COPY OF DARK SHADOWS ON BLU-RAY COMBO PACK!

To register and for full contest details visit clubmetrolife.com

Don't forget to like us on Facebook! facebook.com/clubmetrolife

© 2012 Warner Bros. Entertainment Inc. All rights reserved.

HAL-CON

NOW ON SALE... WARP SPEED PASSES

To Atlantic Canada's BIGGEST Sci-Fi, Fantasy & Comic Convention
October 26-28

hal-con.com

metr

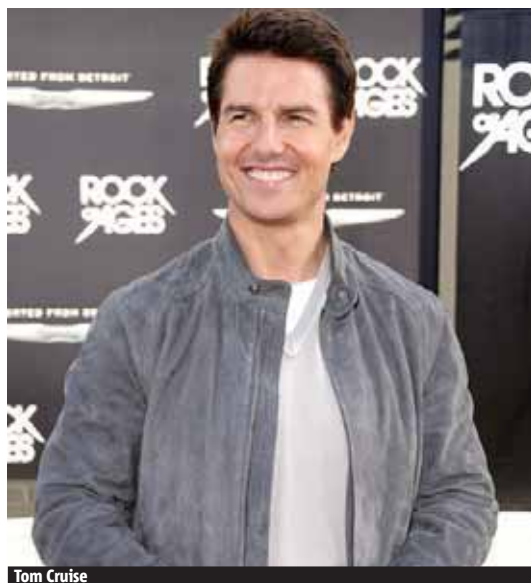
CANADA'S FIRST NEWS APP IN

NEWSSTAND

Now available for iPad, iPhone and iPod touch

Qriket

Norah O'Donnell tries to make the most of her mornings on CBS



Tom Cruise

Special Scientology treatment for Cruise

Some members of the Church of Scientology are bristling at the special treatment they believe Tom Cruise is receiving in the wake of his split from Katie Holmes, according to Radar Online. "They have bent the rules or Tom. If Tom was any other Scientologist — including lesser celebrities — he would not be al-

lowed to continue seeing and maintaining communication with Katie or Suri," former Celebrity Center president Nancy Many tells the website. "When every other person that I have known of leaves Scientology, which Katie did without speaking of it directly, they are instantly shunned."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Kardashian and Lopez to be hosts of X Factor

Ryan Seacrest is getting a little competition as host of a reality TV singing show: It was kind of announced yesterday (through TMZ; no official announcement has been made as of press time) that Khloe Kardashian and Mario Lopez will be the new co-hosts of The X Factor.

Earlier reports had Kardashian as the sole host but because of her contract with E!, there was a lot of back-and-forth; they kept Lopez on the sidelines as a back-up. But now it looks like they will share the duties together. Good on Kardashian for distancing herself from the Kardashian cabal (heads up: don't be surprised if you



see Kardashian Kabal being used as the name of their new Home line for Sears) but Mario Lopez? How does this guy continue to have a showbiz career when Kelly Kapowski does not? **Curry back on Today?** Meanwhile, over at The Today Show, producers are doing a huge mea culpa about firing co-anchor Ann Curry and doing the unthinkable: they are going to have her back on the show on a routine basis in order to keep the morning show's ratings from sliding any further.



Will Kopelman and Drew Barrymore ALL PHOTOS GETTY IMAGES

Suck it up: Tasty baby names are still in vogue

Drew Barrymore is a new mom, giving birth to baby girl Olive last week, according to a statement by her reps.

"We are proud to announce the birth of our daughter, Olive Barrymore Kopelman, born Sept. 26, healthy, happy and

welcomed by the whole family." The statement reads. "Thank you for respecting our privacy during this most special time in our lives." This is the first child for Barrymore and husband Will Kopelman, who tied the knot in June.

Don't worry, Robert. You're still the sexiest man alive

Maybe this will help take his mind off the whole Kristen Stewart cheating scandal thing: Twilight star Robert Pattinson has been named the Sexiest Man Alive by Glamour U.K. for the fourth year in a row. The Brit-heavy list awarded Avengers star Tom Hiddleston the No. 2 spot, while Johnny Depp, Michael Fassbender and Sherlock star Benedict Cumberbatch rounded out the top five.



Robert Pattinson

Twitter



@BetteMidler

Oops, MIA again, upstate harvesting KALE KALE!!!! It's like a WEED!! How many chips can you eat?? And let's not discuss the peppers!



@EllenBarkin

Nice to see responses from Christians whose political beliefs might be different from my own. Glad your out there.



@SandraBernhard

a little reflection does a girl good. back on the chain gang.



@SarahKSilverman

I found Jesus. He was hiding under the bed

101.3 THE BOUNCE

15 minutes of fame!

Call 420-1013 weeknights to co-host the interactive NINE@9 with Ruby!

Discovered this week:

- Keturah Halifax
- Mike Hammonds Plains
- Hunter Halifax
- Brandy Lower Sackville

Interactive NINE@9

1013THEBOUNCE.com
Info@1013thebounce.com

Get the BOUNCE Mobile app here

gairdner
LES PRIX CANADA GAIRDNER AWARDS

2012 University Lectures

Epidemic Meningitis in Africa
Sir Brian Greenwood
Canada Gairdner Global Health Award

"for contributions to significantly reducing mortality in children due to meningitis and acute respiratory infections and to contributions to malaria prevention"

Motor Circuit and the Sense of Place
Dr. Tom Jessell
Canada Gairdner Award 2012

"for research in defining the genetic and molecular pathways leading to the complex development of the spinal cord, with implications for therapeutic applications."

Monday, October 9th, 2012
3:30-4:30pm | 5:00-6:00pm
Theatre A, Sir Charles Tupper Building
5860 College Street, Halifax, NS

THE GLOBE AND MAIL Media Sponsor

Canada **CIHR** **IRSC** **BURROUGHS WELLCOME FUND** **DALHOUSIE UNIVERSITY** Inspiring Minds Faculty of Medicine

WagJag.com

GET DEALS ON THE GO!



IPHONE APP



ANDROID APP

50-90% Off Local Daily Deals



Buy For:

\$15

50% OFF MEN'S AND WOMEN'S ALTERATIONS

VOGUE MEN'S WEAR AND TAILORING

BUY FOR: \$35

81% OFF 250 LBS OF JUNK REMOVAL
1-888-JUNK-VAN



BUY FOR: \$56

50% OFF A GEL NAIL HOME SYSTEM
APPLE CREEK PRODUCTS



BUY FOR: \$10

50% OFF AT LADIES' SHOES
FIT IN CLOUDS



Unique Getaways Within Reach

Jaunt getaway and vacation packages are carefully designed to help you explore vibrant cities, experience new places and discover the world.



Follow Us: [@gojaunt](#) [facebook.com/GoJaunt](#)

Visit: **WagJag.com**

Follow us:



[facebook.com/wagjag](#)
[@wagjag](#)

Looking for a place to unwind? Lonely Planet host Dominic Bonuccelli shares his favourite relaxation spots. Watch the new Lonely Planet series premiering Thursday at 10 p.m. ET/PT on Travel + Escape.

DOMINIC BONUCCELLI
life@metronews.ca



SHAYAN/FLICKR

Death Valley, California

Sure, post-apocalyptic wastelands aren't everyone's cup of tea, but Death Valley gets my vote for the most mythic landscape in North America. It's the lowest point in the Western Hemisphere, full of Saharan sand dunes, endless fields of jagged salt crystal formations (the Devil's Golf Course), and vistas brooding enough for the U2 Joshua Tree album cover. Try meditating under the thick veil of silence, so intense you can hear the very hum of existence itself.

5 Places to bust the stress

Banff, Alberta

Everyone knows Banff National Park has some of the best skiing and snowboarding, but I recommend hitting Lake Louise and the surrounding area in the summer blast. The Lake is blue, the colour of a child's imagination and home to the opulent Fairmont Chateau for those who relish the finer things. Summer allows you to rent a mountain bike and shred down miles of amazing alpine terrain with wildflowers and brain-melting views teeming with wildlife. Hit the Banff Upper Hot Springs on the way home to replenish your body.



SATORU KIKUCHI/FLICKR



ALOHA MAMMA/FLICKR

The Big Isle of Hawaii

You may have a more Robinson Crusoe experience on one of the more remote islands like Molokai or Lanai, but the big island of Hawaii will always be one of my favourite places on the planet. It hovers over a hole in the Earth's crust spouting magma, which makes it the youngest island and the one where you can (depending on the whimsy of Pele) watch lava drop into the ocean in pink-hazed fury under a full moon.

Cuba

Run to Cuba. Run there before the U.S. blockade ends and everything changes. Not that it shouldn't: the blockade is an anachronistic holdover from the Cold War that should go the way of the Dodo. But for now, Cuba remains frozen in 1958. Every pull-handle fridge, every '56 thunderbird with white-walled tires serving as a part-time taxi, every scrap of machinery heralds from the 1950s. The mojitos are the best you'll taste on the planet, swizzled with a stick of pure sugar cane, and you sip them while watching grandma and grandpa salsa dance on a street corner to live music at midnight. Run to Cuba, my friend.



COLROS/FLICKR

Copper Canyon, Sierra Madres, Mexico

I live just north of the Mexican border in Tucson, and I didn't even discover the Copper Canyon until three years ago. Shame on me. The drug war hasn't helped tourism much, but in reality tourists are very rarely targeted, and the adventurous travellers that venture in will be rewarded with a rustic wild-west train experience that crosses the Grand Canyon of Mexico on a daylong trip either direction between Los Mochis and Chihuahua. The Sierra Madres are breathtakingly gorgeous, and home to the Tarahumara Indians, the best long distance runners in the world and one of the most traditional and remote tribes in Mexico; a glimpse of their Easter celebration is an otherworldly experience.



BDEARTH/FLICKR

3 FREE

On the web



Qriket

New Travel Channel show goes behind the scenes at Miami International Airport

Thanks Carlson Wagonlit!

I thought I had a great deal online until we spoke. You provided me better options & better prices!!

You made my holiday :)

**BEFORE
YOU BOOK
ONLINE
CALL
US**

BOOK NOW AND SAVE \$100 PER COUPLE*

Sunquest

One week all-inclusive direct from Halifax

RIVIERA MAYA

Gran Bahia Principe Coba

★★★★ Junior Suite • Saturday, February 9

\$1629

PUNTA CANA

Gran Bahia Principe Bavaro

★★★★ Club Diamond Junior Suite • Sunday, February 17

\$1659

JAMAICA

Sunset Jamaica Grande Resort & Spa, North Tower

★★★★ Sunquest Plus Standard Room • Monday, February 25

\$1719

RIVIERA MAYA

Santos Caracol Eco Resort & Spa

★★★★ Sunquest Family Standard Room • Wednesday, February 20 & 27

\$1819

Prices are per person, based on double occupancy and does not include the * CWT Fall Offer of \$50 per person. CWT Fall Offer is offer applicable on 7 day or longer all inclusive vacation packages, subject to minimum purchase per person before tax and availability at time of booking (max offer \$100 per room). Offer valid for new bookings until Oct 31/12 for travel Nov 1/12-Apr 30/13. Offer is subject to terms & conditions and may be changed or withdrawn without notice. Taxes are extra. For complete details refer to the Sunquest Vacations brochure.

**Carlson
Wagonlit
Travel**

HARVEY'S TRAVEL

Spring Garden Place 425-3200
Bayers Lake Park 450-5140
14 Court St., Truro 897-2699

BROOKS TRAVEL

CIBC Bldg., Barrington St 425-6360
Halifax Shopping Centre 453-4850

SYDNEY TRAVEL

463 Prince Street, Sydney 539-1511

1-800-CARLSON
(227-5766)

Other Bond Holidays

Cadiz, Spain

Playa de la Calleta "doubles" as Cuba in *Die Another Die*, in the scene where Halle Berry emerges from the water. Castillo de San Sebastian doubles another Cuba location, the DNA Clinic.

Jamaica

Dr. No was shot mainly in Kingston, Oracabessa, Port Royal and St. Andrew. The production shot actually close to Fleming's own Goldeneye estate. The fictional San Monique in *Live and Let Die* was also in Jamaica.

Bahamas

Much of *Thunderball* was shot in the Bahamas, namely Nassau and Paradise Island. The famous underwater battle took place at Clifton Pier. Years later, *Licence to Kill* and *Casino Royale* returned to the Bahamas.

New Orleans

One of the main locations of *Live and Let Die*, Louisiana's bayou provided the setting for the boat chase.

Thailand

Bangkok, Phuket, the islands of Ko Khao Phing Kan (Scaramanga's hideout) and Ko Tapu are featured in *The Man with a Golden Gun*. Ko Tapu is still known as James Bond Island.

Czech Republic

In *Casino Royale*, Loket doubles a small village in Montenegro. Other Czech locations included Prague, Planá and the famous spa Karlovy Vary, used as the exterior of the casino.



Filmed in Estoril: *On Her Majesty's Secret Service*. CONTRIBUTED



AFFORDA-BLAST!
SMASH HIT VACATION DEALS

ORDER ONE UP!

<p>MORE SUN FOR EVERYONE</p> <p>\$799</p> <p>7 NIGHTS ALL-INCLUSIVE</p>	<p>PUERTO PLATA \$799 GRAND PARADISE PLAYA DORADA ***** Mon, Mar 18, 25 +\$392 tx/fees</p>	<p>HOLGUIN \$1279 SOL RÍO DE LUNA Y MARES RESORT ***** Fri, Mar 15, 22 +\$281 tx/fees</p>
<p>RIVIERA MAYA \$1349 CATALONIA YUCATAN BEACH RESORT ***** Sat, Mar 16, 23 +\$346 tx/fees</p>	<p>JAMAICA \$1359 HOLIDAY INN SUNSPREE RESORT ***** Sat, Feb 16, 23 +\$390 tx/fees</p>	

Visit nolitours.com or talk to your travel agent.

Find us on: [facebook](#)

CONTACT YOUR TRAVEL AGENT

[marlin travel](#)
marlintravel.ca

[CAA](#)

[Carlson Wagonlit Travel](#)
1.800.CARLSON

[ENSEMBLE TRAVEL GROUP](#)
www.ensembletravel.ca

Flights are from Halifax via Air Transat or CanJet. Prices shown are per person, based on double occupancy in lead room category. Space and prices are subject to availability at time of booking and subject to change without prior notice. Taxes and fees are extra and noted above. For full descriptions and terms and conditions, refer to the Nolitours 2011-2012 Sun brochure. Nolitours is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg #50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8.



COMMUNITY FOUNDATION OF NOVA SCOTIA

The Community Foundation of Nova Scotia extends its sincere appreciation to all who joined us on October 2, 2012 for the launch of Halifax's Vital Signs®

To get the facts on fourteen quality of life aspects in the HRM, get your copy today! Reports are available for download at www.cfns.ca and www.novascotiasvitalsigns.ca or contact us at 490-5907 for a paper copy.

Halifax's Vital Signs® was made possible through the generous support of:

KPMG
cutting through complexity™

RBC

RBC Royal Bank®

Doctors Nova Scotia

the co-operators®
A Better Place For You®

The Nicholson Foundation

The JSF Fund@CFNS

Halifax's Youth Vital Signs® brought to you by: **TELUS®**

Halifax's Vital Signs® is a signature product of:



COMMUNITY FOUNDATION OF NOVA SCOTIA



For more information, please visit www.cfns.ca and www.novascotiasvitalsigns.ca

Visit Estoril the way 007 would

Where it all began.

Ahead of Bond Day and Skyfall, we take you to the spot that inspired Ian Fleming to create the famous agent

CÉLIA
PEDROSO
life@metronews.ca

During the Second World War, royals, spies and refugees flocked to Lisbon in search of a safe haven, many en route to the United States, as Portugal was neutral. Others were on intelligence missions, like authors Graham Greene and Ian Fleming, the creator of James Bond.

The sunny weather of Estoril, a seaside resort 20 minutes from Lisbon, was the draw. The Allies would prefer Hotel Palácio, the only five-starred spot at the time, while Germans would go to the nearby hotel Parque and to Atlântico.

José Diogo, aged 62, has been working in the Palácio since he was 14 years old.

He heard many of his experienced colleagues speaking of those spy years, namely about Ian Fleming. "He stayed here in May of 1941. He was in the Naval Intelligence and registered here as a government official, as the police form shows," he says, showing me proof.

It is not known if he presented himself as "Fleming, Ian Fleming" but Diogo remembers being told how much he loved the dry martini at the bar — now known as Spies Bar — by the head barman: "He loved to have drinks with Popov, a Serbian spy, also known as Tricycle, maybe for being a triple agent or for being always with two girls...." says Diogo. Champagne would also flow, "namely if the Allies won a battle."

It was the called "champagne news service," as both Allies and Nazis would be plotting in the bar. The 007 Martini is still a top choice at the Palácio bar, made with gin and Lillet vermouth.

With Popov, Fleming would go to the Casino Estoril, nowadays the biggest casino in Europe. Portuguese



José Diogo and the 007 Martini. CONTRIBUTED

lawyer José António Barreiros, author of the book 007 Fleming, writes that Ian was in Estoril with John Godfrey, then head of Naval Intelligence Division. The baccarat nights in the casino took place with Portuguese players but Fleming imagined them as being Germans and thus came the inspiration for his first Bond novel, Casino Royale.

José Diogo, who worked as

an extra in On Her Majesty's Secret Service, a Bond movie with George Lazenby, in 1968, shot in Estoril, has no doubts: "His experience with Popov and the spies here definitely inspired him for his character."

Go — and maybe it'll inspire you. Global James Bond Day is October 5th. The new film, Skyfall, hits theatres in November.



Ian Fleming's police form, required to be filled out by all guests. CONTRIBUTED



Hotel Palácio, where Ian Fleming stayed. CONTRIBUTED



Richness is:

MAKING NEW FRIENDS.



The New Scotiabank® Gold American Express® Card.

Earn travel rewards 4x faster* at gas stations, grocery stores, on dining and entertainment, so you can take those meaningful trips even sooner. Get started with 20,000 bonus travel rewards points†.



scotiabank.com/4xfaster

You're richer
than you think.™



* Registered trademarks of The Bank of Nova Scotia. ® American Express is a trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express.

† You will earn 4 points per \$1 on the first \$50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations and Automated Fuel Dispensers; Grocery Stores and Supermarkets; Eating Places and Restaurants; Drinking Places, Fast Food Restaurants; and Entertainment including Motion Picture Theaters, Theatrical Producers, Ticket Agencies, Bands, Orchestras and Miscellaneous Entertainers. Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per \$1 on purchases made after you have reached the 4 points per \$1 \$50,000 annual spend maximum and on all other purchases made with the card. ‡ The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank® Gold American Express® card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank® Gold American Express® card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by December 31, 2012.

Not into pumpkin sweets? Try this updated version of Lemon Meringue



ROSE REISMAN
for more, visit
rosereisman.com

This is a twist on a Lemon Meringue Pie — the filling has a creamier, custard-like texture. The meringue doesn't leak and holds its shape for at least two days in the fridge.

1. Preheat the oven 350 F. Lightly coat a 9-inch pie pan with cooking spray.

2. Crust: Combine crumbs, water and oil bowl. Pat into the sides and bottom of the pie pan.

Nutritional analysis

Per serving (1 slice)

257 calories; 5.1 g protein; 45 g carbohydrates; 0.3 g fibre; 5 g total fat; 1.9 g saturated fat; 54 mg cholesterol; 87 mg sodium

3. Filling: Combine condensed milk, lemon zest, lemon juice and egg yolk. Let sit 10 mins. until thickened. Pour into pie pan and bake 20 mins. or just until the mixture is set.

4. Meanwhile, make the mer-

Ingredients

Makes one nine-inch pie

Crust

- 1 1/2 cups vanilla wafer crumbs (made from 3 cups vanilla wafers)
- 2 tbsp water
- 1 tbsp vegetable oil

Filling

- 1 can (14 oz) + 2/3 cup low-fat

sweetened condensed milk

- 1 tbsp lemon zest
- 1/2 cup lemon juice (freshly squeezed)
- 3 egg yolks (save the whites)

Meringue

- 3 egg whites
- 2/3 cup granulated sugar
- 1/8 tsp cream of tartar
- 3 tbsp water

Lemon Meringue Custard Pie



This recipe serves four to six. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

ingue. Combine egg whites, sugar, cream of tartar and water in a clean bowl. With electric beater, whip at the highest setting for about 8

mins. or until stiff peaks form. Spread over the lemon filling.

5. Increase the oven temperature to 375 F and bake for 10

minutes or until meringue is just lightly browned. Chill until cold and cut into 4 small slices. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

Drink of the Week

Orange, Banana and Cinnamon Slushie

For a sweet dessert in a cup, try this slushie drink with its tasty dash of cinnamon. It's the perfect mid-day snack.

- 3 cups lightly crushed ice
- 1 cup no-pulp orange juice
- 2 bananas
- 1/2 cup agave syrup or honey
- 1/2 tsp cinnamon
- Pinch salt

Combine all ingredients in a blender. Purée until smooth. You may need to stop the blender once or twice and stir the ingredients in order to keep them moving in the blender.

Serve immediately.
THE ASSOCIATED PRESS



Sleepwalking through life?

Your sleep disorder could be a health condition.

Call our clinic to book your **FREE diagnostic sleep study.**

Lower Sackville Clinic

902.864.6076

153 Sackville Dr.

Dartmouth Clinic

902.469.2550

50 Tacoma Dr.

Halifax Clinic

902.446.3556

480 Parkland Dr. Unit #11

We also have clinics in:

- Bridgewater
- Saint John
- Truro
- Amherst

atlantic
sleep apnea

Awaken your best life.

atlanticsleepapnea.com

Planning your next promotion

Climb toward that contract. It takes determination to chart an upward spiral in the financial field

ELIAS DA SILVA-POWELL
TalentEgg.ca

If you're just starting out at your first entry-level or early-career job in financial services or accounting, you may not have given too much thought to your long-term career objectives. But if you aspire to a management position one day, you'll need to start planning now.

A recent survey developed by Robert Half Management Resources has found that fewer than one third of management positions in accounting and finance were filled by candidates who were promoted internally. So take in these tips to beat the odds.

Speak up

You may need to raise your voice in order to give yourself a good shot, particularly if you're being overlooked. "If you get a sense that others have been identified for roles and you're not getting tapped on the shoulder, it's appropriate to ask for feedback in terms of what skill sets you're lacking," says



Be sure that you've benefited fully from your current learning experience before you decide to seek out a higher work status. ISTOCK

David King, Canadian president of Robert Half.

Improve yourself

If you notice that you're lacking a skill in demand among managers at your company, try

to learn close to home. "Seeking professional development that's sponsored by your company would be ideal, and if it isn't, you may have to look for it on your own time," says David. In either case, make sure

Move on or move up

When to pull the plug

- It's important to recognize that some employers won't be able to offer you advancement opportunities.
- Cover your bases before you decide a change is needed, says David. "Provided you've exhausted all opportunities at your current firm, it's appropriate to look into options elsewhere."

your supervisor is aware that you're dedicating your own time to broadening your skill set on your employer's behalf.

Advertise yourself

Performance reviews give you the opportunity to build on your employer's existing impression of you while emphasizing steps you've taken to put yourself in line for a move up the ladder. "That ensures that they see you are, one, interested in and, two, capable of promotion," he says. Key among these steps is taking on special projects which demonstrate skills you don't use in your regular job.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



ISTOCKPHOTO/THINKSTOCK



FLICKR/CREATIVE COMMONS/MATT SHARPE

5 FABULOUS CITIES TO VISIT

Take a walk on the wild side ... in these five amazing cities.

DISCOVER: MUSIC SCENE IN MONTREAL

Whether you **are into** French hip hop, dance clubs **or** live indie rock, Montreal after **dark is** the place to be. Head over to SAT, **a** slick warehouse and new media space **for DJs** and performance artists, Le Social, a **bohemian** hangout in a 19th-century **mansion**, or La Sala Rossa, a performance **hall** for touring bands. And check **the** paper because depending on **where** you are in the city, entire blocks **are** often closed to traffic for free **concerts**. Find your peeps, settle in — **and let** loose!

HEIGHTENED EXPERIENCE: NIGHTLIFE IN BERLIN

Berlin's **nightlife is filled** with wild abandon **and** contagious energy ... people are **jammed** into cafés and underground bars that **are** spinning tunes and fun well beyond **dawn**. **What** makes it especially electrifying is **all of this** is happening amidst historical **remnants** (the German capital staged **a** **revolution**, was headquartered by **Fascists** and bombed to bits in the 20th **century**). All you have to do is **surrender to** the blissed-out haze of beats and **booze** ...

DRAMATIC: BONDI BEACH IN SYDNEY

Sydney, Australia, is a maze of sandstone headlands, lazy bays — and legendary surf beaches. The most famous is Bondi

Beach, **which is** just several kilometres from **the** city centre. Dunk yourself into the **consistently** great foaming swells for a rough-and-**tumble** swim (the average water **temperature** is 21 C). The beach is always **swarming**, there's lots happening in **street** **cafés**, and there are also salt-water **sea** baths at either end of the beach.

PUSHING BOUNDARIES: EDDY CAMDEN TOWN IN LONDON

Camden Town is where **it's** **happening** in London, England. **This** area has been the centre of alternative **culture** since the '60s, and today it's a grungy **paradise** for Goths, punks and everyone **in between**. Check out the world-famous Camden Market for one-off **clothing** finds as well as lots of food stalls **from** around the

world. Camden Town is also home to Abbey Road Studios and a slew of music venues and shops that reflect London's amazing musical history.

STIMULATE: DAKHLA, MOROCCO

One of the most **exotic places** to feel the power of the **wind** as it propels you across the **water** on a kite board is Dakhla. This **western** Sahara Desert town is one of the **world's** **greatest** wind — and kite-board surfing **destinations**! It's located on a narrow 48-**kilometre** long peninsula that stretches **into** the Atlantic Ocean and creates a **huge** lagoon. It's in that sandy lagoon **where** beginners and pros **celebrate** **constant** winds all year, flat **water**, **great** weather and lots of space. **Grab** your boards and go.



DAVID DE LOSSY/PHOTODISC/THINKSTOCK



FLICKR/CREATIVE COMMONS/MICHAEL ZIMMER

5 Gum. Stimulate Your Senses.

© 2012 Wm. Wrigley Jr. Company. All rights reserved. 5 COOLING PEPPERMINT STIMULATE YOUR SENSES AND ALL AFFILIATED DESIGNS ARE TRADEMARKS USED BY WRIGLEY CANADA, LICENSEE OF THE Wm. WRIGLEY JR. COMPANY.



Mooseheads defenceman Randy Gazzola, right, takes a hit from Bathurst Titan forward Etienne Salvail on Tuesday night at the Metro Centre. JEFF HARPER/METRO

Mooseheads 'pick it up' to top Titan

QMJHL. Despite falling behind early, Moose score six unanswered goals to improve to 4-1



MATTHEW WUEST
matthew.wuest@metronews.ca

After a wobbly opening weekend on home ice, the Halifax Mooseheads had some swagger back in their step on Tuesday night.

The nationally fifth-ranked Mooseheads, who scored just three times in two games in a weekend split, took down the Bathurst Titan in much more convincing fashion, earning a 6-2 victory before a crowd of 5,846 at the Metro Centre.

Quoted

"It's difficult. You know they're going to create chances and they can finish their chances, but it's a nice challenge for sure."

Hammonds Plains native and Titan goalie Jacob Brennan on facing Halifax.

Although they fell behind 2-0 in the first half of the first period, they scored six unanswered goals to rally and improve their record to 4-1.

"Dom (head coach Dominique Ducharme) sent the message in the room that we need to get things together, we need to pick it up a little," said right-winger Ryan Falkenham, who was the game's first star.

"I think we did that tonight. We played with energy, we played with drive, and we were a lot sharper than we were on the weekend."

Raphael Lafontaine and Zach O'Brien found the net in the first 10 minutes for the Titan. But the Mooseheads tightened up defensively and quickly battled back, getting goals from Martin Frk and Falkenham just 48 seconds apart at 10:51 and 11:59.

Dominic Beauchemin, with the first goal of his QMJHL career, and Jonathan Drouin scored just 58 seconds apart in the final three minutes of the second period to give the Mooseheads a 4-2 lead.

"Those games happen — unfortunately they happened opening weekend," said defenceman Randy Gazzola, who scored his first QMJHL goal into

Getting the call

Beauchemin makes his presence felt

Dominic Beauchemin made the most of his opportunity on Tuesday night.

A healthy scratch for the Mooseheads' previous game, the 19-year-old left-winger returned to the lineup and scored the game-winning goal on one of a handful of shifts at 17:22 of the second

period.

Beauchemin, on the edge of the crease, one-tapped a pass from Randy Gazzola into the net.

"Gazzola gave me the puck and I just tipped it in," Beauchemin said. "When I'm in the lineup I try to do my best to stay in, play physical, win my battles one-on-one."

It was Beauchemin's 11th QMJHL game. He earned a job with the Mooseheads as a free-agent walk-on at training camp.

an empty net with 7.5 seconds left and added an assist.

"All we could do is put them in the past and look toward what was coming next."

The Mooseheads scored their first power-play goal of the season on Metro Centre ice in the third period when 20-year-old winger Stefan Fournier finished a nice passing play in front. That ended a drought of 14 consecutive attempts without a goal.

"It's definitely a positive to get things rolling," Gazzola said. "Fournier was saying he

couldn't (buy) one, but he was getting a lot of shots and finally scored one. I was really happy for him and for the team that we finally got the power play going."

The Mooseheads outshot the Titan 42-29. Hammonds Plains native Jacob Brennan was under siege all night in Bathurst's net and made 36 saves, while Zach Fucale stopped 27 shots for Halifax.

Drouin, who added an assist, got the nod as the second star, while Lafontaine rounded out the selections.

NHL

Talks stall as lockout bill climbs to \$100M

The NHL is already seeing major revenue losses just a couple weeks into the lockout.

And the numbers being thrown around now will likely end up looking like chump change by the time the sport's latest labour dispute is settled.

Talks broke off quickly between the league and the NHL Players' Association on Tuesday morning, and deputy commissioner Bill Daly emerged from the meeting saying he didn't have "any progress to report."



Bill Daly
GETTY IMAGES

For the first time, he also revealed the extent of the damage the lockout has inflicted so far — "close to" \$100 million after the cancellation of the entire pre-season schedule.

"That is not going to be recouped and that's going to cost both sides," Daly told reporters in New York. "That's unfortunate but it's a reality of where we are." **THE CANADIAN PRESS**

AUS football

Dawes selected as offensive player of the week

Saint Mary's Huskies running back Michael Dawes was named Atlantic University Sport football offensive player of the week on Tuesday. Dawe amassed 203 yards and a touchdown on 26 carries in a 32-9 win over the St. Francis Xavier X-Men last Saturday in Antigonish. Huskies defensive lineman Nigel Romick was named defensive player of the week compiling 6.5 tackles, 3.5 sacks and a forced fumble in the same game. **METRO**

AUS

Huskies keeper named male athlete of the week

Saint Mary's Huskies men's soccer goalkeeper Adam Miller was named Atlantic University Sport male athlete of the week on Tuesday. Miller recorded two shutouts on the weekend to help the nationally third-ranked Huskies improve to 5-0-2. **METRO**

Mobile sports



Qriket

Three-time Olympic medalist Silken Laumann is blasting Rowing Canada's decision to part ways with men's eights coach Mike Spracklen. No reasons were given, but Spracklen has had a fractious relationship with Rowing Canada for years.

Raptors rookie Valanciunas eager to get started at camp

NBA. Fifth overall pick could return from calf strain later this week



MATTHEW WUEST
matthew.wuest@metronews.ca

While the rest of his teammates bounded around the Canada Games Centre practising their shooting and fine-tuning their skills, Jonas Valanciunas was stuck at the far end of the gym, nowhere near a basketball hoop.

The prized seven-foot Toronto Raptors rookie, unable to participate on the opening day of training camp in Halifax because of a calf strain, was trussed with resistance bands while working 1-on-1 along the sidelines with Alex McKechnie, the NBA team's director of sports science.

Valanciunas is expected to join his teammates soon —

perhaps later this week — but that didn't make Tuesday any easier.

"I feel bad because I'm watching those guys running on the floor and I want to run with them," said the 20-year-old after practice, his calf strapped with enough ice to fill a small deep freeze.

"It's kind of hard, but I will be OK."

Valanciunas might have been sugar-coating his predicament for media.

"He was sending a few verbal and physical signals over to (McKechnie) today — he's not very happy with him for holding him back," said Raptors president and general manager Bryan Colangelo.

While Valanciunas is growing impatient to get started, Colangelo and the Raptors know the feeling. They drafted Valanciunas fifth overall in 2011 knowing full well they'd have to wait a year before he put on their jersey because of contractual

obligations in Lithuania.

Valanciunas, who averaged 14.2 points, 7.4 rebounds and 1.9 blocks last season and was named FIBA Europe young men's player of the year for 2011, is hoped to be Toronto's future at the centre position.

Although he'll need to avoid foul trouble — something that could be a big challenge — he is expected to immediately improve the Raptors' defence and rebounding with his physicality and 257-pound frame, as well as help them score more, even if he's not doing it himself.

"You're going to see a player who is going to have an impact regardless of what he does stats-wise," Colangelo said. "He's a rim runner. He's going to run down the court and get down and suck defence with him and he's going to open opportunities for the trailing shooters."

Raptors head coach Dwane Casey said he's prepared to throw Valanciunas "into the fire early." There are bound to be growing pains, but Valanciunas — like everybody else involved — is eager to finally see how he measures up.

"This year is my first in the NBA," he said. "I'm really excited to be here, to see what I can do in this league."



Rookie centre Jonas Valanciunas speaks with media during the Raptors' media day in Toronto on Monday.

AARON VINCENT ELKAIM/THE CANADIAN PRESS FILE

Quoted



"That's the biggest limitation for him — learning the nuances of staying on the court without getting into foul trouble."

Raptors president and GM Bryan Colangelo on Jonas Valanciunas

MLB. Jenkins gets win No. 1 as Blue Jays avoid 90th loss of season

Just a few months ago, right-hander Chad Jenkins was pitching for double-A New Hampshire and his confidence was taking a hit.

He had three poor starts in a row in early July but was able to turn things around and the Blue Jays called him up a month later. His hard work paid off Tuesday when he earned his first major-league victory in Toronto's 4-3 win over Minnesota.

"There were parts of this where I honestly wasn't

sure whether I was going to get here," Jenkins said. "But fortunately the Blue Jays gave me a chance and now I'm just trying to run with it."

Jenkins (1-3) was solid over five-plus innings, allowing five hits and two earned runs in his third major-league start. Pitching on three days' rest, he threw 48-of-74 pitches for strikes.

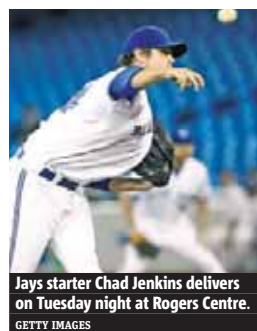
"Going out tonight and getting that win, that's huge for the confidence going into the off-season," he said.

Kelly Johnson hit a two-run homer off Twins starter Anthony Swarzak (3-6) as Minnesota (66-95) dropped its fourth straight game. Casey Janssen worked the ninth for his 22nd save in 25 opportunities.

The Twins are last in the American League Central division while Toronto (72-89) is fourth in the East.

Jenkins, 24, was selected by the Blue Jays in the first round (No. 20 overall) of the 2009 draft.

THE CANADIAN PRESS



Jays starter Chad Jenkins delivers on Tuesday night at Rogers Centre.

GETTY IMAGES

MLB

Orioles making one last push for AL East crown

Another one-run victory by the Baltimore Orioles pushed the AL East race to the final day of the season.

Chris Davis homered for the sixth straight game and the Orioles overcame a club-record 15 strikeouts by Tampa Bay pitcher James Shields to beat the Rays 1-0 Tuesday night.

Baltimore remained one game behind the first-place New York Yankees, who rallied late to beat Boston 4-3 in 12 innings. The Orioles, already assured a playoff spot, need a victory Wednesday and a Yankees loss to force a one-game tiebreaker for the division title Thursday at Camden Yards.

"We're not supposed to be here. So just go out and have fun and see what happens," closer Jim Johnson said after the Orioles improved to 29-9 in one-run games.

THE ASSOCIATED PRESS

Calm surrounds Cabrera on Triple Crown quest

Miguel Cabrera sat in front of his locker in the corner of the visiting clubhouse at Kauffman Stadium on Tuesday, slinging some Spanish banter at a table full of teammates.

There were no television cameras hovering over him. No microphones stuck in his face. None of the commotion that could be reasonably expected as the soft-spoken Detroit Tigers slugger closes in on baseball's first Triple Crown in 45 years.

"The entire baseball world should be here right now," said Justin Verlander, the reigning AL MVP and Cy Young Award winner. "We've got, sorry to say, the regular guys."

"I think he's been relatively under the radar for what he's done, for what he's doing. It hasn't happened in 40-some years," Verlander continued, his voice rising. "It kind of annoys me. I don't know about anybody else. I don't know about him. It probably doesn't annoy him."



Miguel Cabrera hits a two-run single against the Royals in the third inning on Tuesday in Kansas City. GETTY IMAGES

the AL Central. He was asked about contributing so much to another division title, and Cabrera deflected the attention back on his teammates.

"We got it done with the first one," he said quietly. "That was our goal."

Now, though, the spotlight shifts squarely to the broad shoulders of Cabrera, who started at third base in Tuesday night's 4-2 loss at Kansas City. He had a pair of singles and drove in two runs in his first two at-bats before flying out to right and leaving the game in the fifth inning.

Cabrera leads the American League in batting average (.331), homers (44) and RBIs (139) — the Triple Crown, last achieved by Boston's Carl Yastrzemski in 1967.

Angels rookie Mike Trout and Twins catcher Joe Mauer are giving chase for the batting title, which Cabrera won last year, while Rangers slugger Josh Hamilton trails him by a single home run.

THE ASSOCIATED PRESS

It's getting better all the time



ALL PHOTOS WHEELBASE MEDIA

Style

The latest Accord that's now on sale appears more svelte, with none of the excessive front overhang that marred the previous generation. The look is more proportionally balanced and shows greater attention to detail in terms of styling execution. The sedan is far more pleasing to the eye than past efforts. The coupe, on the other hand, already deemed a good looker, has undergone a more subtle transformation and remains one of the most appealing models of its type on the road.

2013 Honda Accord

- **Types.** Two- /four-door, front-wheel-drive mid-size coupe/ sedan.
- **Engines (hp).** 2.4-litre DOHC I4 (185-189); 3.5-litre SOHC V6 (278); 2.0-litre DOHC I4 with 124 kilowatt electric motor (196, net).
- **Safety.** Front airbags; side-impact airbags; side-curtain airbags; anti-lock brakes; traction control; stability control.
- **Base price (incl. destination).** \$25,300.

Cabin

Good looking also describes the Accord's new cabin. The artistically sculpted dashboard is a sensational piece and thankfully devoid of knob and switchgear clutter. Drivers will be particularly enamored with the clear and crisp white-on-black center gauges and the high-definition eight-inch (20-centimetre) multi-information display screen. All passengers are treated to more comfortable seating arrangements.

Fuel consumption

In explaining its CVT decision, Honda's stewards deemed it necessary to lower fuel consumption to more competitive levels, as in 7.8 l/100 km city and 5.5 highway. Those numbers are second only to the class-leading Altima's 7.4/5.0 rating.

Performance

Accords remain admirable road performers, with an enhanced feeling of sportiness and ride control. The base 2.4-litre four-cylinder (labelled "Earth Dreams") makes 185 horsepower (189 for the Sport model), up from 177. The optional 278-horsepower 3.5-litre V6 gains a mere seven ponies. Manual-transmission lovers should be pleased that the six-speed gearbox remains available with four-cylinder Accord sedans and up-level V6 coupes.

Review. Although it's smaller, Accord keeps the optional V6 and fine-tunes pretty much everything else

MALCOLM GUNN

Wheelbase Media

Buyers expecting the ninth-generation Accord to be bigger and bolder will need to adjust their perspective concerning one of North America's most successful sedan and coupe lines.

The U.S.-built (30 years and counting) Accord maintains a conservative presence, while undergoing a complete metamorphosis in style, features and running gear.

Paraphrasing Honda's styling director David Marek, the Accord's makeover started from the inside out to ensure that occupants were treated to as much room and style as possible. Reshaping the exterior included soliciting opinions from current Accord owners who made it clear they wanted a less bulky car that didn't sacrifice overall spaciousness.

Sounds like a tall order, but Marek's design team appear to have delivered on virtually all counts. The 2013 Accord sedan is about nine centimetres shorter and loses about 2.5 centimetres between the front and rear wheels while gaining a centimetre in width. At the same time, trunk space has increased by five per cent, thanks in part to a more compact rear suspension.

In early 2013, Honda will introduce the Accord plug-in hybrid. In this format, a 2.0-litre four-cylinder is mated with a 124-kilowatt electric motor to produce 196 net horsepower. The plug-in travels up to 24 kilometres on electric-only power, can run on grid juice at speeds up to 100 km/h and has a maximum 700-kilometre range.

The clincher is it takes three hours — a relatively short time — on standard 120-volt house current to replenish the lithium-ion battery (about 10 minutes for a 50-per-cent charge), or about an hour using a 240-volt charger.

Honda plans to introduce a non-plug-in hybrid by mid-2013, giving the Accord a one-two punch in the eco-sedan category.



A new Sport model adds bigger wheels, paddle shifters for the CVT and small deck spoiler. The beauty is that you don't need to buy the V6 to get the goodies.



The Accord has never been about the "wow factor," but more the "smart factor." As such — despite the smaller overall package — there's actually more interior volume.

By comparison



1 Ford Fusion
Base price: \$23,000.
New design will get attention. V6 replaced by EcoBoost turbofour-cylinder.



2 Nissan Altima
Base price: \$25,300
Fuel-economy champ is new for 2013; CVT is the only transmission choice.



3 Chevrolet Malibu
Base price: \$26,500.
Handsome sedan cuts the flab, replaces V6 for partial hybrid option.

DRIVE 5

On the Web



QriKet

Scan code for more car reviews and news.

Dan's PRND321
TRANSMISSION

- 1 Day Service (call for details)
- Rebuilt Transmissions Available

See us for your **FREE SMILE**

468-9541

485 Windmill Rd, Dartmouth
danstransmission.com

On the cutting edge of cuteness

Fiat 500c. The 'That's SOOOO adorable!' factor is often ignored in auto innovation, but car makers have made great strides



AUTO PILOT
Mike Goetz
drive@metronews.ca

Automotive technology is advancing at breakneck speeds. Just look at what's happened over the last few years to powertrain electrification, Internet connectivity, safety systems and fuel efficiency.

But today I would like to draw your attention to an area of auto tech that seems to get less attention than those aforementioned ones, but is nonetheless just as astonishing in its recent advances: Cuteness.

Automakers have always built cute cars, of course, but now they really mean business. The cute cars of yesteryear were mostly cute because they were loveable underdogs that didn't really measure up to



Mike Goetz found himself blasting heavy metal with the windows rolled down when driving this cutie-pie just to balance things out. MIKE GOETZ

the other vehicles on the road. Reinvented versions of the Volkswagen Beetle and Mini changed all that, and paved the way for modern cuteness. Now you can have a perfectly modern, useable car that is also as cute as the dickens.

No other vehicle has embraced this powerful formula as the Fiat 500c. I recently took

a white one home for a week's test. Actually, it wasn't white, it was Blanco Perla with a Bordeaux retractable fabric red top, and matching red leather seats.

It was just too precious.

When I first showed up with it, all the females in our house, and lots on our street, came wandering over to take it all in.

All of them loved the car, loved the colour combination, and said it was really cute.

But "really cute" wasn't strong enough for them. They had to add length, as in, "It's REEEALLY cute" and syllables: "It's really CA-YOOOOT."

Fiat Canada said females and males buy regular 500 models in an equal 50/50 split.

The Fiat Cabrio and its extra level of cuteness? Seventy per cent female; 30 per cent male.

The company didn't have the female/male split for this particular white/red colour scheme, but I'm guessing 95/5. The overall look is a little bit too "lovely handbag" for most guys.

I think most guys get and ap-

preciate cuteness. It's just that we have more natural defence to deal with it. We can walk away. Cuteness hits women where they live. When they see something like this Fiat, they get a visceral desire to take it home and give it a bath, or give it a hallowed place in the closet next to the other fashion accessories.

Driving something this cute is certainly different.

I found myself keeping the radio tuned to heavy metal, with the windows rolled down, just to, you know, balance things out a bit.

Both women and men check it out. I could be wrong, but after checking out the car, men seem also to check out whose driving it ... expecting a certain gender perhaps? Women, on the other hand, only have eyes for your car. They are not concerned about the driver. They are concerned about the cuteness of the car.

But no matter which chromosomes you have, or if you like the Fiat 500c or not, we need to appreciate the engineering, the high-tech, cutting-edge cuteness of the little Italian coupe — another shining example of automotive progress.

AS EXHILARATING AS IT IS AFFORDABLE.

Every Certified Pre-Owned Mazda we sell comes with warranties and guarantees to ensure that you drive away fully satisfied in a quality vehicle that you can depend on.



0.9% APR*
SEE DEALER FOR DETAILS

CERTIFIED PRE-OWNED

- 160-Point Detailed Inspection
- 7-Year/140,000-Kilometre Limited Powertrain Warranty†
- 24-Hour Emergency Roadside Assistance
- 30-Day/3,000-Kilometre Exchange Privilege
- CarProof® Vehicle History Report
- Zero Deductible
- Available Extended Coverage

CRAFTED. ENGINEERED. CERTIFIED.

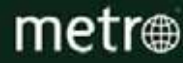
ZOOM-ZOOM



*Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. †0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of \$15,000 financed at 0.9% over 24 months equals monthly payments of \$630.88 with \$0 down payment, cost of borrowing is \$141.03 with a total obligation of \$15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.

HELP WANTED

General Help



NEWSPAPER PROMOTERS WANTED
Monday-Friday mornings
6:30 - 9:30am
10.50/hr
Halifax

Great position for someone who likes mornings, students, or others who have commitments during the day.
Must be willing to work in all weather conditions.

Typically, people whom excel at this position have the following traits:

- Punctual • Honest • Reliable
- Driven • Enthusiastic

If you wish to apply, please forward your resume and references to:

april.doucette@metronews.ca

*only people who are selected for an interview will be contacted

Business Opportunities



Say good-bye to your old job and start a new exciting business!!

AVAILABLE FRANCHISES

- Complete training and support
- Cleaning accounts provided
- Cheapest investment \$3500
- Unlimited potential earnings

AVAILABLE FINANCING

Contact: Carlos De Regules
902-481-2100 or email
carlos.deregules@jan-pro.ca
www.jan-pro.ca

Management

Working Chef/Manager Needed

Small healthcare facility:HRM.
1 Year term.Great hours.
No weekends or night shifts. M-F
\$14-\$16 hr. Benefits available.
Phone (902) 483 1336 M-F 9-4 pm
Fax (902) 835 1335
Email : rchad2002@yahoo.com

MERCHANDISE

Furniture & Appliances

Hide a Bed and TV's Queen 3 cushion beige
hide a bed \$100 obo and 2 27" tube TV's \$25
each or \$40 both obo.
call 469-1237. Pick up only.

AUTOMOTIVE

Recreational Vehicles



RV Sale On Now!
Call Us Today!
902-259-3006

RENTALS

Apartments Unfurnished

Condos, Townhouses & Duplexes Unfurnished



Dartmouth (Montebello) 2 bdrm/1 Bath, Spotless, avail Nov 1. No pets, non-smoker please. High-quality carpet and cushion floor. All appliances, washer/dryer in condo (utilities extra). Two level loft style. Two easy flights of stairs to access unit (moving is through side of bldg which is only one flight up). Must be seen to be appreciated. A great spot to live! Call 452 3240

Apartments Unfurnished



Welcome to The Woodside, where luxury living meets the convenience of renting.

1, 2 & 2+ den Bedroom Suites Available Now!

- Brand new, all concrete building
- Heat & hot water included
- Underground parking
- Pet-free building
- Individual tenant storage
- Large balconies
- Stainless steel appliances
- Ensuite laundry with full size w/d
- Amenities within walking distance
- Ceramic & laminate floors
- Granite countertops
- Lounge, guest suite & common areas



Call 209.1357 or 830.2824 to book your viewing today!

The Woodside :: Russell Lake West :: 235 Baker Drive :: Dartmouth
www.thewoodside.ca | 902 830 2824

Bedford Heights
22 Bedros Lane

Beautiful 2 bdrm suites available
• Condo quality • Bright
& freshly painted • 5 appliances inc.
Call today to view your new home
1-888-475-5930
www.realstar.ca

Penthouse Suite
available at The Plaza!

1881 Brunswick Street
3 Bedrooms • 5 Appliances • Great Views
• Gym • Indoor Pool
1-888-218-6101
www.halifaxapts.ca

Stonecrest Village

80 Chipstone Close
Beautiful 2&3 Bdrm suites available
Call today to view your new home
1-888-708-3746
www.stonecrestvillage.ca

BACHELOR APTS/ ROOMS FOR RENT
in downtown Dartmouth
starting at \$550 per month. Utilities incl.
902-444-3380



SERVICES

Trades

FINISH CARPENTER

30 years exp. of home construction
renovations, additions, kitchens,
bathrooms, flooring, stairs, railings, crown
moldings, windows, doors and trim.
Lyndel Munro 902-252-5238
<http://users.eastlink.ca/~lyndelmunro/>

Hindsight Infrared Services. Your first choice
for the detection of moisture problems, which
may lead to damage and mold problems.
Keep your heat in your home, with our de-
tailed Building heat loss Inspection. We pro-
vide full color infrared reports detailing results
of our inspections. Certified Infrared Thermo-
graphers. **Ph:252-1790 Cell:237-0908**

Lafitte's Roofing
For Top Quality Roofs ANYONE Can Afford
• Repair • 10-Year Warranty • Soffit
• Re-Shingle • Fascia • & More
• Re-Sheet
Call for a FREE Quote
(902)209-1701 or (902)821-2390



Trades

NOISY BATHROOM FAN?
Call The Fan Whisperer

UPGRADE KIT INSTALLED \$99
INCREASE AIRFLOW UP TO 20%
REDUCE NOISE UP TO 50%

thefanwhisperer.com
902-830-9493

1ST CLASS PAVERS INC
BOOK NOW!!!!

**SAVE 50% OFF DRIVEWAYS
AND PARKING LOTS**

PAVING SPECIAL!

**GUARANTEED
5 YEARS**

902-209-2021

**FREE
ESTIMATES**

Celebrating 30 years

HOUSEHOLD
SERVICES

General Services

B D S Home Improvements
For all YOUR Exterior Needs
One Call CAN Do It All!
**Our Quality Workmanship
Means YOUR peace of mind!**

Insurance & WCB Licensed
Senior discounts **FREE** Quotes
Call **Brian 456-4249** Member of the BBB

Cleaning Services

Cleaning & Organizing
Insured & Bonded
quality home cleaning
Visit us today:
sortitoutcleaning.com
902-877-4747



Junk Removal

GARBAGE BEE GONE
• Daily/Weekly Pickups
• Recycling • Garbage
Hauled • Basement &
Backyard Cleanups • Demo & Site Cleanups
• **COMMERCIAL & RESIDENTIAL**
WE DO IT ALL! 902.221.8830



TIME TO TOSS IT

Debris removal, estate clean ups, small
demos, unit clear outs, basements, yards &
construction. **902-449-0232**

Trades

Sell Your Stuff For FREE! Call 1-800-527-6767

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

10 Gallon fish tank with accessories
\$60 OBO
Call (902)209-1912

2 Fur Coats, one mink (with hat) & muskrat
(with hat) - Sizes 12 to 14. Like New.
No reasonable offer refused.
Call (902)404-0879

4 17inch GM rims off of a 2011 Malibu.
Asking \$150
Call (902)835-3061

6 Piece Patio Set
Glass table, 6 chairs with cushions,
& umbrella Excellent condition \$75.00
902-835-9559

• Air compressor 2 cylinder 125 psi
excellent condition \$300
Pole Sander \$50 • Joint Planner \$300
902-453-0776

Attention Stephen King Collectors
have over 50 paper/hard cover books,
Excellent condition. Will sell in 10's or whole
lot or \$2.50 each **902-233-7743**

• **Chesterfield 2 cushion
with hideaway bed**
\$150
902-453-0776

Curio Cabinet - 33inches x 60 inches tall. 4
glass windows. Brown in color. Asking \$75
Call (902)463-7663

Dining set for sale. Solid wood table with
ceramic top, 6 chairs, great condition - \$175
OBO
(902)826-7377

Fisher Price baby high chair,
excellent condition- \$80
2 car seat 1 - 40.00 1 - is \$20.00
Call (902)434-7955

Four winter tires off Jeep Patriot
215/60/R17 - not on rims
50% tread remaining
Selling for \$200 OBO / Call 402-9348

Futon, solid wood frame from Bdrm
Depot. Exc shape - \$200 folds down to
double bed. 902-225-3334

Ladies Chocolate Brown long leather
coat. Size 10-12. Excellent condition.
Wear casual or dressy. Paid \$600
\$75.00 obo 902-462-2851

Ladies Super Cycle Bike, 10speed - \$90
(902)434-7955

Living Room and Kitchen Furniture
and dishes.
Downsizing.....Call for prices
902-865-6496

Next to new womens clothing for sale. Sizes
10 to 12. Please call between 6-8pm.
Call (902)496-6717

Sears princess style four poster canopy bed
frame. Twin size. White. Rails inc. No mat-
tress or box spring. \$250 OBO
Call (902)404-9229

Tired, sore feet? You need the
electric deluxe foot saver!
Water, heat & massage.
\$20 OBO 902-404-0879

Upright Piano - \$300
Dining table, wooden - \$100
Office desk (large) - \$50, 6 office chairs - \$10
each - Call (902)435-0755

Various selection of records
Over 200, mixture of music
Make an offer
902-435-2740

Movers

MoveRite
17 ft Truck & 2 Men
\$75.00 per hour
No Minimum
No Gas Surcharge
Residential & Commercial
Local & Long Distance
440-6817
moverite11@gmail.com

ANNOUNCEMENTS

Community Events

Bethany Annual Family Fall Fair
Bethany United Church
2669 Joseph Howe Dr, Halifax
Saturday, Oct 13th - 9am to 1pm
Pony Rides, Chowder Luncheon, Flea
Market, BBQ, Silent Auction, Crafts,
Games and much more. **\$1 admission.**

Registrations
Teams, Events, Classes

Try Curling! Mayflower Curling Club
welcomes new curlers! Register today!
Practice ice and lessons available now.
454-0085 • www.mayflowercc.com

metronews
Now available for iPad,
iPhone and iPod touch!
Available on the App Store
CANADA'S FIRST NEWS APP IN
NEWSSTAND
*First to market as of press time.

**Wanted old china, glass, old toys
and jewelry.**
Please call 902-455-9060

Wanted: Stereo with am/fm radio and
turntable.
Please call 902-252-5267

White GE Fridge 23 x 27 x 5ft
10 years old, Energy efficient,
excellent condition \$75.00
902-835-9559

Window Topper - Floral print, colors: cream,
blue, green, gold. Designer made.
Fits 90" opening. Incs. wall bracket
\$40 - Call 902-462-2851

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 - MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Horoscopes

Aries

March 21 - April 20

You may have all the facts on your side but if you expect rivals to admit it, you will be disappointed. Some people are simply too stubborn to change their point of view. Sound like anyone you know?

Taurus

April 21 - May 21

What you want to do and what others want you to do are two entirely different things. It won't be long before you are free to come and go as you please but for now you may have to follow the herd.

Gemini

May 22 - June 21

You are on the verge of a major gain, so any minor setbacks you may encounter today are worth suffering. Creatively and romantically this is very much your time of year, so make sure you enjoy it.

Cancer

June 22 - July 23

It's good to be romantic but watch out that attraction does not become infatuation. If you allow your love life to distract you from your work both will suffer in the long-term. Do the right thing at the right time.

Leo

July 24 - Aug. 23

You are taking your money situation too seriously. From today, however, you will start to see that things are not as bad as you have allowed yourself to believe. It's strange but somehow they never are.

Virgo

Aug. 24 - Sept. 23

Not everyone can be as lucky as you. Not everyone can be as smart and funny and popular. Keep that fact in mind today when engaging people you find difficult to deal with. Maybe they're just jealous.

Libra

Sept. 24 - Oct. 23

You have a great future but for some reason you seem more concerned with your past at the moment. Put yesterday and last year out of your mind, completely. What's done is done and cannot be undone.

Scorpio

Oct. 24 - Nov. 22

What occurs today may appeal to your zany sense of humour but try to remember that not everyone sees things the same way as you. Have a good laugh by all means but laugh with people, not at them.

Sagittarius

Nov. 23 - Dec. 21

You are tempted to confide in someone you work with but the planets warn that may not be a good idea. Keep personal information to yourself over the next 24 hours. Don't give anything away.

Capricorn

Dec. 22 - Jan. 20

Get away from your usual surroundings and do something that energizes you physically, mentally and emotionally. You have been pushing yourself far too hard of late. You need a break.

Aquarius

Jan. 21 - Feb. 19

You can expect some major, maybe extraordinary things to happen between now and the end of the week. They may not always be good things but good things will come of them in some guise or other.

Pisces

Feb. 20 - March 20

Everyone has standards but you need to realize that not everyone's standards will be as high as your own. If you can do that, you are less likely to get angry when others' efforts fall short of expectations.

SALLY BROMPTON

Pick Your Own Title

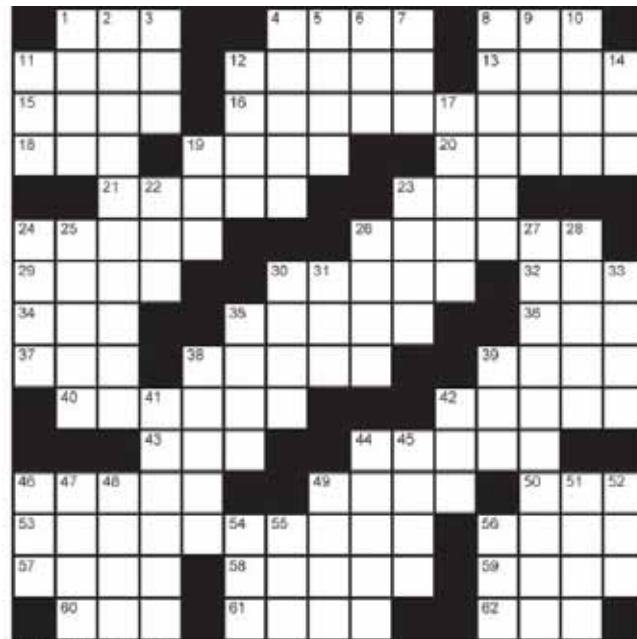
Across

- Upper limb
- Spoken
- CD ancestors
- Yours or to you* (singular): Fr. (2 wds.)
- "___ Billie Joe": 1967 Bobbie Gentry song (2 wds.)
- Acorn-dropping trees
- Deafening
- Maritime Province (2 wds)
- Lower limb
- Australian birds with green eggs
- Foe
- Float in place
- Boxer Muhammed ___, the former Cassius Clay
- Carried, as by the wind
- Edmonton NHL team
- Make ___ with: impress someone (2 wds.)
- Banquets
- And so on: abbr.
- Unhappy
- Casting director's assignments
- Cause surface damage to
- Before: poetic
- Halifax-born singer McLachlan
- Completely naked
- Yellowknife is 400 miles south of this Circle
- Apply juice, as to a turkey
- Fled on foot
- Call off (a mission), in NASA-speak
- Book of maps
- All over again

- Recede, as the Bay of Fundy tide
- Dentifrice
- Burn the midnight oil studying
- Comfortable state
- Foreigner
- Nevada's "The Biggest Little City in the World"
- ___ Moines, Iowa
- Votes cast in favor
- Not even

Down

- Dip ___ in the water: test bath temperature (2 wds.)
- Saskatchewan CFL team member
- Central
- Smell
- Guns, as an engine
- ___ loss for words (2 wds.)
- ___ Angeles
- Dollar coin
- Appetizer spread
- ___ milk: 0% fat
- Everything
- "This one's ___": "My turn to buy" (2 wds.)
- Speak
- Biological building blocks
- Night before
- Quebec neighbour: abbr.
- Is sick
- Air Force installation
- Scarlett ___
- Promise
- "Digitally ___": fresh copy made from the

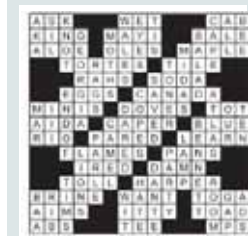


original, in a DVD or CD notice
28. Begin
30. ___ Garneau: first Canadian in outer space
31. Historic period of note
33. They were among the original inhabitants of Ontario
35. Ache
38. Hidden cache
39. Tavern

41. Packing cases
42. Acknowledge applause
44. Puts money into a poker pot before cards are dealt
45. "What's ___ happening?"
46. Consumed
47. Frog's land-based cousin
48. Be an unsuccessful gambler

49. Largest continent
51. Group of marching musicians
52. RBC competitor
54. Earnings
55. Hearty pub order
56. ___-Magnon man

Yesterday's Crossword



What's online

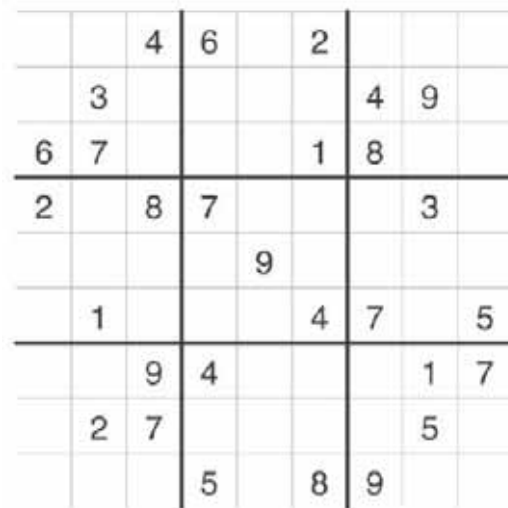
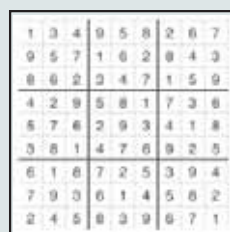
See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Today

21°/7°
Partly cloudy

Thursday

18°/12°
Sunny

POINTCAST
Get Your 1km Weather
www.theweathernetwork.com/pointcast

©The Weather Network 2012

BACK TO COOL LOOKS

HAKIM OPTICAL

2 PAIR \$199

Over 160 Discount Outlets... 140 One Hour In-Store Labs

Outside Metro Toronto 1-877-524-2020 • www.hakimoptical.ca

Search over 50,000 used cars, fast and free.

autocatch.com

FLIGHT CENTRE *Unbeatable*

Kids fly **FREE** to Florida

BONUS Kids stay free at most Florida resorts! Conditions apply.

1 866 967 5402 | flightcentre.ca

Conditions apply. *Kids fly free (ages 2-17) valid on select Transat Holidays package bookings to Ft. Lauderdale, Orlando made by October 31, 2012 for travel Nov 1 - 16, 2012, Jan 3 - Feb 20, 2013 and Mar 21 - May 1, 2013. Applicable to 7 and 14 night packages only and select flights/days of the week. Kids 2-17 years pay taxes, one child free per paying adult. Offer is subject to change and may be withdrawn at any time without notice by the supplier. Valid on new bookings only. Not combinable with any other offers, discounts or promotions. Additional restrictions may apply.

GAME ON EVENT

O'REGAN'S HYUNDAI 2012 CLEAROUT SALE



2012 SANTA FE V6 AWD
\$151/BIWEEKLY
SAVE \$5000



2012 VERACRUZ V6 AWD
\$170/BIWEEKLY
SAVE \$6000



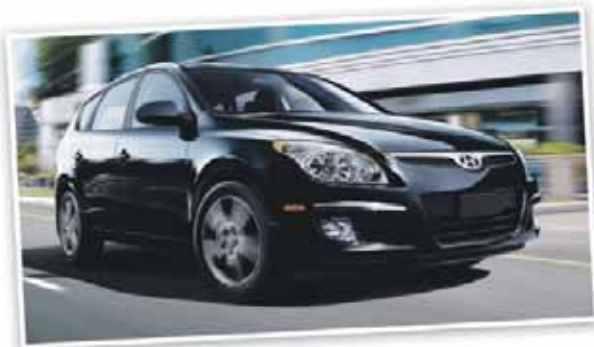
2012 SONATA GL
\$110/BIWEEKLY
SAVE \$4000



2012 VELOSTER
\$127/BIWEEKLY
SAVE \$1250



2012 ACCENT L 5DR
\$91/BIWEEKLY
SAVE \$1500



2012 ELANTRA TOURING
\$100/BIWEEKLY
SAVE \$3500

5 LEFT



1 LEFT

2012 GENESIS SEDAN
\$255/BIWEEKLY
SAVE \$5000

- WHILE SUPPLIES LAST -



O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT D • 465-7500
WWW.OREGANSHYUNDAIDARTMOUTH.COM

*See dealer for full details. On select models. Includes freight, PDI, taxes and fees shown. Trip for 2 available on all remaining 2012's.